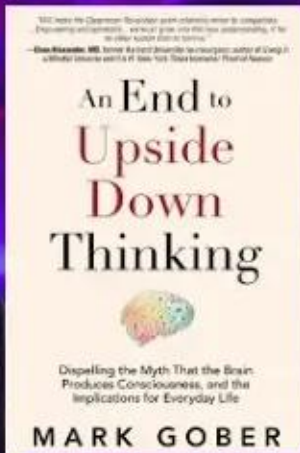


Mark Gober

Skeptiko 420



Skeptiko Topics:
Consciousness Science
Parapsychology
Near-Death Experience
Spirituality
Skeptics/Skepticism
Psi
Psychics & Mediums
Atheism
UFO
Neuroscience
Conspiracy Theories
Contactee Experience
OBE

1
00:00:10,850 --> 00:00:08,179
today we welcome mark over to skeptic Oh

2
00:00:13,700 --> 00:00:10,860
mark is a successful Silicon Valley

3
00:00:17,150 --> 00:00:13,710
venture capitalist and strategist turned

4
00:00:20,150 --> 00:00:17,160
author he has a terrific book and two

5
00:00:22,609 --> 00:00:20,160
upside-down thinking which is certainly

6
00:00:25,250 --> 00:00:22,619
right up our alley here on sceptical

7
00:00:28,160 --> 00:00:25,260
mark thanks so much for joining me thank

8
00:00:31,460 --> 00:00:28,170
you for having me out so I met you

9
00:00:33,950 --> 00:00:31,470
through my friend Rick Archer who I can

10
00:00:36,680 --> 00:00:33,960
never give enough praise to for his very

11
00:00:39,170 --> 00:00:36,690
excellent show Buddha at the gas pump

12
00:00:41,450 --> 00:00:39,180
which I think has really set the tone

13
00:00:44,060 --> 00:00:41,460

for so many of these questions about

14

00:00:46,400 --> 00:00:44,070

consciousness and transcending that

15

00:00:49,130 --> 00:00:46,410

consciousness which your book is

16

00:00:52,220 --> 00:00:49,140

precursor to I mean you have to at least

17

00:00:54,709 --> 00:00:52,230

be able to address the topics you're

18

00:00:57,139 --> 00:00:54,719

talking about in terms of materialism

19

00:01:00,200 --> 00:00:57,149

and scientific material is in particular

20

00:01:02,330 --> 00:01:00,210

but I thought Rick did a great job and

21

00:01:05,030 --> 00:01:02,340

then I was super excited in this

22

00:01:07,429 --> 00:01:05,040

interview to kind of extend that and see

23

00:01:11,149 --> 00:01:07,439

where we might take that beyond that so

24

00:01:15,020 --> 00:01:11,159

awesome sounds good so I like playing

25

00:01:17,359 --> 00:01:15,030

this little game that I call skeptical

26

00:01:19,940 --> 00:01:17,369

jeopardy and I particularly like it in

27

00:01:21,050 --> 00:01:19,950

this case because as I mentioned so many

28

00:01:22,820 --> 00:01:21,060

of the topics you've covered in your

29

00:01:24,830 --> 00:01:22,830

book we've covered a million times on

30

00:01:27,080 --> 00:01:24,840

skeptical billion times with a million

31

00:01:30,230 --> 00:01:27,090

guests and a lot of the same people

32

00:01:31,969 --> 00:01:30,240

you've talked to as well so really I

33

00:01:35,030 --> 00:01:31,979

think the cool thing about that is it's

34

00:01:37,490 --> 00:01:35,040

an opportunity to kind of move past that

35

00:01:40,100 --> 00:01:37,500

and dig into some of the deeper

36

00:01:43,910 --> 00:01:40,110

questions in terms of the implications

37

00:01:46,160 --> 00:01:43,920

of an end to upside-down thinking beyond

38

00:01:48,920 --> 00:01:46,170

the proof but before we get there you do

39

00:01:50,480 --> 00:01:48,930

have an interesting background and I'm

40

00:01:53,179 --> 00:01:50,490

sure people would love to hear more

41

00:01:55,389 --> 00:01:53,189

about that so tell folks a little bit

42

00:01:57,980 --> 00:01:55,399

about this you're a super smart guy a

43

00:02:01,520 --> 00:01:57,990

Princeton guy and then also this

44

00:02:03,649 --> 00:02:01,530

outstanding tennis player I mean Silicon

45

00:02:06,050 --> 00:02:03,659

Valley you kind of got it all the whole

46

00:02:09,969 --> 00:02:06,060

package why do you want to throw it all

47

00:02:13,190 --> 00:02:09,979

away and pursue the spiritual path well

48

00:02:13,940 --> 00:02:13,200

this was not planned this is all

49

00:02:15,680 --> 00:02:13,950

actually pretty

50

00:02:17,930 --> 00:02:15,690

for me after I graduated from Princeton

51
00:02:19,640 --> 00:02:17,940
I worked in investment banking in New

52
00:02:22,970 --> 00:02:19,650
York during the financial crisis so that

53
00:02:25,940 --> 00:02:22,980
was oh wait - 2010 I wasn't thinking

54
00:02:27,949 --> 00:02:25,950
about consciousness then at all I left

55
00:02:30,440 --> 00:02:27,959
Wall Street and joined my current firm

56
00:02:32,000 --> 00:02:30,450
it's called Sherpa Technology Group now

57
00:02:33,670 --> 00:02:32,010
based in Silicon Valley I'm a partner at

58
00:02:36,500 --> 00:02:33,680
the firm and we advise companies on

59
00:02:38,690 --> 00:02:36,510
business strategy and intellectual

60
00:02:41,360 --> 00:02:38,700
property matters so when innovation is

61
00:02:43,009 --> 00:02:41,370
involved and patents in particular we

62
00:02:46,550 --> 00:02:43,019
help companies with strategy and helping

63
00:02:50,000 --> 00:02:46,560

them transact assets that's what I do by

64

00:02:52,160 --> 00:02:50,010

day and it was in about August of 2016

65

00:02:54,800 --> 00:02:52,170

when I first started hearing podcasts

66

00:02:56,090 --> 00:02:54,810

that exposed me to topics related to

67

00:02:59,300 --> 00:02:56,100

consciousness that I had never heard

68

00:03:01,039 --> 00:02:59,310

about before in any serious way and at

69

00:03:03,380 --> 00:03:01,049

first I wasn't it didn't like change my

70

00:03:06,050 --> 00:03:03,390

life for anything but I started to hear

71

00:03:07,340 --> 00:03:06,060

enough independent accounts that a light

72

00:03:09,740 --> 00:03:07,350

bulb kind of went off where I said wait

73

00:03:11,630 --> 00:03:09,750

a second if these people are all not

74

00:03:13,490 --> 00:03:11,640

lying and if they're all not delusional

75

00:03:14,809 --> 00:03:13,500

then I need to reconsider things and the

76

00:03:17,380 --> 00:03:14,819

more I looked the more I realized that

77

00:03:19,580 --> 00:03:17,390

my paradigm was completely wrong and

78

00:03:21,590 --> 00:03:19,590

that was really the paradigm of

79

00:03:23,900 --> 00:03:21,600

materialism and it was because I hadn't

80

00:03:26,150 --> 00:03:23,910

been exposed to any evidence that I was

81

00:03:28,520 --> 00:03:26,160

now seeing so after being exposed to new

82

00:03:30,740 --> 00:03:28,530

evidence I had to rethink the paradigm

83

00:03:32,449 --> 00:03:30,750

and it was a pretty disorienting period

84

00:03:34,039 --> 00:03:32,459

for me in 2016 I think I'm still

85

00:03:36,410 --> 00:03:34,049

recovering from that of just a

86

00:03:39,170 --> 00:03:36,420

completely new world view and I

87

00:03:41,539 --> 00:03:39,180

I was basically obsessed with learning

88

00:03:44,000 --> 00:03:41,549

and I think I still AM so I spent a full

89

00:03:45,830 --> 00:03:44,010

year just researching as much as I could

90

00:03:47,660 --> 00:03:45,840

listening to podcasts listen to your

91

00:03:49,550 --> 00:03:47,670

podcast and many others and reading

92

00:03:50,900 --> 00:03:49,560

books and reading scientific papers and

93

00:03:52,940 --> 00:03:50,910

it was at the end of that year in the

94

00:03:54,979 --> 00:03:52,950

summer of 2017 where I said why don't I

95

00:03:56,180 --> 00:03:54,989

just put this on paper and into a book

96

00:03:58,039 --> 00:03:56,190

and I said I don't want to do that it's

97

00:03:59,750 --> 00:03:58,049

gonna it's gonna be too much and I don't

98

00:04:01,250 --> 00:03:59,760

want to put my name out there so I kind

99

00:04:02,809 --> 00:04:01,260

of went back and forth in my head for a

100

00:04:04,099 --> 00:04:02,819

few weeks and then a few buddies

101
00:04:05,330 --> 00:04:04,109
actually kind of pushed me over the edge

102
00:04:08,090 --> 00:04:05,340
and said hey why don't you try to do it

103
00:04:09,920 --> 00:04:08,100
this was in June 2017 and I said okay

104
00:04:11,690 --> 00:04:09,930
I'm gonna take the 4th of July weekend

105
00:04:13,490 --> 00:04:11,700
which that year was a long weekend and

106
00:04:16,550 --> 00:04:13,500
just kind of pull an investment banking

107
00:04:18,469 --> 00:04:16,560
style work all night as much as I can

108
00:04:19,909 --> 00:04:18,479
for a few days and ended up finishing a

109
00:04:22,310 --> 00:04:19,919
significant portion of the manuscript

110
00:04:24,020 --> 00:04:22,320
that weekend so over July over the

111
00:04:26,630 --> 00:04:24,030
period of July 2017 I ended up finishing

112
00:04:27,740 --> 00:04:26,640
a first draft of the manuscript now here

113
00:04:30,350 --> 00:04:27,750

we are 29

114

00:04:32,750 --> 00:04:30,360

it's awesome so you're balancing these

115

00:04:35,000 --> 00:04:32,760

two worlds I incorrectly said venture

116

00:04:37,220 --> 00:04:35,010

capital but investment banking figure

117

00:04:39,440 --> 00:04:37,230

Silicon Valley and you're doing IP stuff

118

00:04:40,820 --> 00:04:39,450

it's all venture stuff anyway but you

119

00:04:44,060 --> 00:04:40,830

know there's interesting things there

120

00:04:46,310 --> 00:04:44,070

that we can get into later I mean that's

121

00:04:47,900 --> 00:04:46,320

kind of my background kind of my world

122

00:04:50,330 --> 00:04:47,910

not the investment banking part but more

123

00:04:51,950 --> 00:04:50,340

than entrepreneur high tech part and you

124

00:04:53,360 --> 00:04:51,960

know it all kind of crossover I think

125

00:04:57,410 --> 00:04:53,370

it's an interesting background because I

126

00:05:00,200 --> 00:04:57,420

think it grounds us in a way that other

127

00:05:02,150 --> 00:05:00,210

people can't get past in terms of the

128

00:05:03,740 --> 00:05:02,160

other side of materialism which is

129

00:05:05,900 --> 00:05:03,750

connected but I'm pulling a lot of

130

00:05:09,770 --> 00:05:05,910

different threads let's forget all that

131

00:05:13,490 --> 00:05:09,780

let's play skeptic code jeopardy mark I

132

00:05:15,200 --> 00:05:13,500

want you to pick our first topic and I'm

133

00:05:16,880 --> 00:05:15,210

gonna read four people in case they're

134

00:05:18,770 --> 00:05:16,890

not watching this on youtube I have up

135

00:05:21,110 --> 00:05:18,780

on the skeptical jeopardy board mind

136

00:05:24,050 --> 00:05:21,120

equals brain shut up and calculate level

137

00:05:26,960 --> 00:05:24,060

one two three wizards and Saints how

138

00:05:32,120 --> 00:05:26,970

where is my mind observer believers

139

00:05:34,159 --> 00:05:32,130

silos mark what pick you tough choices

140

00:05:36,980 --> 00:05:34,169

I'm gonna go with mind equals brain

141

00:05:40,820 --> 00:05:36,990

first one top left okay good good pick

142

00:05:43,580 --> 00:05:40,830

stick with the basics so here's I guess

143

00:05:46,820 --> 00:05:43,590

one of the questions that your book

144

00:05:49,390 --> 00:05:46,830

makes the case that mind is more than

145

00:05:52,550 --> 00:05:49,400

brain what do you think is your

146

00:05:54,140 --> 00:05:52,560

strongest evidence from the book the

147

00:05:56,719 --> 00:05:54,150

listener says show are going to know the

148

00:06:00,620 --> 00:05:56,729

whole case but let me point out you make

149

00:06:02,630 --> 00:06:00,630

an outstanding job of it in the book in

150

00:06:04,100 --> 00:06:02,640

terms of laying everything out and for

151
00:06:06,080 --> 00:06:04,110
people who are listening to this show

152
00:06:09,350 --> 00:06:06,090
one of the reasons you're gonna want to

153
00:06:12,590 --> 00:06:09,360
pick up this book is this might be the

154
00:06:15,590 --> 00:06:12,600
best book to hand to somebody who is

155
00:06:18,200 --> 00:06:15,600
kind of a Normie in the regular world

156
00:06:21,260 --> 00:06:18,210
and is really wondering whether they can

157
00:06:22,610 --> 00:06:21,270
step past this mind equals brain stuff

158
00:06:25,730 --> 00:06:22,620
because you really lay out the evidence

159
00:06:27,260 --> 00:06:25,740
in a very very compelling way what do

160
00:06:29,719 --> 00:06:27,270
you think is your strongest piece of

161
00:06:31,400 --> 00:06:29,729
evidence that you go to for people right

162
00:06:33,230 --> 00:06:31,410
from the beginning well thank you for

163
00:06:34,730 --> 00:06:33,240

saying that Alex I did write it for a

164

00:06:36,440 --> 00:06:34,740

person who might not be familiar with

165

00:06:38,630 --> 00:06:36,450

these topics so I'm glad that you felt

166

00:06:40,430 --> 00:06:38,640

that way as well in terms of the the

167

00:06:41,210 --> 00:06:40,440

strongest evidence to me it's actually

168

00:06:43,190 --> 00:06:41,220

not one piece of

169

00:06:46,340 --> 00:06:43,200

the fact there is so much in independent

170

00:06:48,610 --> 00:06:46,350

areas the fact that we have siphon Amin

171

00:06:50,920 --> 00:06:48,620

I like telepathy precognition

172

00:06:52,850 --> 00:06:50,930

psychokinesis remote viewing and

173

00:06:54,770 --> 00:06:52,860

survival phenomena like near death

174

00:06:56,510 --> 00:06:54,780

experiences children with past life

175

00:06:58,460 --> 00:06:56,520

memories mediumship and after death

176

00:07:00,560 --> 00:06:58,470

communications when you put it all

177

00:07:02,300 --> 00:07:00,570

together combined with many of the

178

00:07:04,580 --> 00:07:02,310

arguments that people like dr. Bernardo

179

00:07:06,680 --> 00:07:04,590

Kastrup make which is kind of a

180

00:07:08,720 --> 00:07:06,690

philosophical argument that we could

181

00:07:11,230 --> 00:07:08,730

never verify the existence of anything

182

00:07:13,700 --> 00:07:11,240

outside of consciousness so a more

183

00:07:15,080 --> 00:07:13,710

skeptical perspective is actually one

184

00:07:17,300 --> 00:07:15,090

which starts with consciousness as the

185

00:07:19,400 --> 00:07:17,310

foundation when you put it together that

186

00:07:21,110 --> 00:07:19,410

to me makes a strong case but within

187

00:07:22,910 --> 00:07:21,120

those categories I think there may be

188

00:07:24,830 --> 00:07:22,920

two that I would give you that I think

189

00:07:27,140 --> 00:07:24,840

are the strongest that I would probably

190

00:07:29,270 --> 00:07:27,150

start with actually three number one the

191

00:07:30,680 --> 00:07:29,280

fact the US government ran a program for

192

00:07:32,870 --> 00:07:30,690

more than twenty years and spent over 20

193

00:07:35,210 --> 00:07:32,880

million dollars on remote viewing and

194

00:07:37,909 --> 00:07:35,220

had successes I think that is really

195

00:07:39,140 --> 00:07:37,919

important and that tends to strike

196

00:07:41,900 --> 00:07:39,150

people when I tell them that if they're

197

00:07:44,480 --> 00:07:41,910

new to this but a recent paper that came

198

00:07:46,340 --> 00:07:44,490

out in 2018 by dr. Edsel card enya an

199

00:07:48,230 --> 00:07:46,350

American psychologist the official

200

00:07:49,760 --> 00:07:48,240

peer-reviewed journal of the American

201

00:07:51,409 --> 00:07:49,770

Psychological Association

202

00:07:53,780 --> 00:07:51,419

it's a meta-analysis of many side

203

00:07:55,850 --> 00:07:53,790

phenomena after decades of controversy

204

00:07:58,280 --> 00:07:55,860

American psychologist published this

205

00:08:00,920 --> 00:07:58,290

article that to me is really significant

206

00:08:03,350 --> 00:08:00,930

third is veridical out-of-body

207

00:08:06,950 --> 00:08:03,360

experiences in the near death experience

208

00:08:08,719 --> 00:08:06,960

phenomenon where a person has cardiac

209

00:08:10,820 --> 00:08:08,729

arrest for example and we know from

210

00:08:13,070 --> 00:08:10,830

cardiac arrest studies that blood stops

211

00:08:14,930 --> 00:08:13,080

flowing to the brain sometimes people

212

00:08:17,480 --> 00:08:14,940

report being outside their body and they

213

00:08:19,010 --> 00:08:17,490

report things that those who are not a

214

00:08:22,130 --> 00:08:19,020

near-death experience state verifies

215

00:08:24,680 --> 00:08:22,140

being accurate sampar Nia had a study in

216

00:08:26,780 --> 00:08:24,690

2014 in resuscitation Journal which

217

00:08:28,370 --> 00:08:26,790

documents one particularly striking case

218

00:08:30,020 --> 00:08:28,380

of that and it's very difficult to

219

00:08:32,420 --> 00:08:30,030

explain unless there is a functioning

220

00:08:33,829 --> 00:08:32,430

consciousness outside of a functioning

221

00:08:34,880 --> 00:08:33,839

brain because there isn't a functioning

222

00:08:37,610 --> 00:08:34,890

brain great

223

00:08:39,079 --> 00:08:37,620

well said let's go back to the board I

224

00:08:40,940 --> 00:08:39,089

know your audience is very familiar so

225

00:08:42,500 --> 00:08:40,950

that was the super quick version no

226

00:08:45,620 --> 00:08:42,510

great that's great great stuff great

227

00:08:50,030 --> 00:08:45,630

stuff so where should we go next

228

00:08:53,600 --> 00:08:50,040

about how let's go to how this is the

229

00:08:54,410 --> 00:08:53,610

question I think that I get from people

230

00:08:57,650 --> 00:08:54,420

with

231

00:08:59,930 --> 00:08:57,660

they are able to articulate it or

232

00:09:03,080 --> 00:08:59,940

whether you just see it brewing in the

233

00:09:05,660 --> 00:09:03,090

back of their mind is how can this be

234

00:09:08,180 --> 00:09:05,670

I'm sure you run into this a ton in your

235

00:09:11,540 --> 00:09:08,190

world a lot of successful people I'm

236

00:09:13,610 --> 00:09:11,550

there I'm made everything I'm in New

237

00:09:15,590 --> 00:09:13,620

York I'm in Silicon Valley I'm

238

00:09:17,780 --> 00:09:15,600

successful my career is going well my

239

00:09:20,210 --> 00:09:17,790

family's going well I would know about

240

00:09:22,250 --> 00:09:20,220

this if it was true you know when you

241

00:09:24,290 --> 00:09:22,260

talk about your story mark I love the

242

00:09:26,120 --> 00:09:24,300

way you you talk it so matter-of-factly

243

00:09:30,220 --> 00:09:26,130

but you have to realize at this point

244

00:09:33,110 --> 00:09:30,230

that that is rare it is rare that people

245

00:09:36,650 --> 00:09:33,120

confront evidence that contradicts their

246

00:09:39,110 --> 00:09:36,660

belief and then they go well gee I guess

247

00:09:42,200 --> 00:09:39,120

I have to get to the bottom of it or I

248

00:09:45,320 --> 00:09:42,210

have to change my beliefs most people

249

00:09:48,860 --> 00:09:45,330

don't go there most people are stuck in

250

00:09:51,110 --> 00:09:48,870

the how can this be mode at least that's

251
00:09:53,780 --> 00:09:51,120
my experience what do you think and then

252
00:09:55,400 --> 00:09:53,790
how do people get over this I think it's

253
00:09:57,920 --> 00:09:55,410
always important to remember how little

254
00:10:00,290 --> 00:09:57,930
we know and I throughout history we've

255
00:10:01,760 --> 00:10:00,300
seen people kind of develop almost an

256
00:10:03,830 --> 00:10:01,770
arrogance thinking that they know more

257
00:10:05,960 --> 00:10:03,840
than they do we have example after

258
00:10:08,080 --> 00:10:05,970
example of this you can talk about germ

259
00:10:10,880 --> 00:10:08,090
theory for example the notion that

260
00:10:12,830 --> 00:10:10,890
microscopic bacteria or viruses could

261
00:10:15,200 --> 00:10:12,840
make you sick or kill you that was a

262
00:10:17,090 --> 00:10:15,210
ludicrous idea at one point and then

263
00:10:20,540 --> 00:10:17,100

with the advent of the microscope now

264

00:10:23,150 --> 00:10:20,550

it's common knowledge Galileo and versus

265

00:10:24,650 --> 00:10:23,160

the church we've seen paradigm shift so

266

00:10:27,860 --> 00:10:24,660

I think this is just part of the human

267

00:10:30,530 --> 00:10:27,870

condition but it's it's also pretty

268

00:10:31,610 --> 00:10:30,540

inconvenience to shift one's paradigm

269

00:10:32,480 --> 00:10:31,620

and I can say that from personal

270

00:10:35,720 --> 00:10:32,490

experience

271

00:10:39,980 --> 00:10:35,730

it was not easy it took a lot of effort

272

00:10:41,600 --> 00:10:39,990

and it's it really rattled me and it's

273

00:10:43,520 --> 00:10:41,610

not everyone would necessarily want to

274

00:10:44,930 --> 00:10:43,530

go through that so actually having gone

275

00:10:46,670 --> 00:10:44,940

through the experience myself I can

276

00:10:48,860 --> 00:10:46,680

understand why it would be difficult for

277

00:10:49,850 --> 00:10:48,870

people to make the shift and actually

278

00:10:52,460 --> 00:10:49,860

it's been interesting for me to watch

279

00:10:55,010 --> 00:10:52,470

those close to my circles friends and

280

00:10:56,630 --> 00:10:55,020

family because not all of them Dovan as

281

00:10:58,730 --> 00:10:56,640

much as I did but they've been taking

282

00:11:00,519 --> 00:10:58,740

things in piecemeal and I've seen their

283

00:11:02,829 --> 00:11:00,529

transformation happen in a much

284

00:11:04,389 --> 00:11:02,839

or manner and that might be what's

285

00:11:05,530 --> 00:11:04,399

happening throughout society is you get

286

00:11:06,939 --> 00:11:05,540

a piece of data and then you kind of

287

00:11:08,259 --> 00:11:06,949

forget about it's like oh wow the US

288

00:11:09,939 --> 00:11:08,269

government ran this program and there

289

00:11:11,980 --> 00:11:09,949

are declassified documents that say it's

290

00:11:13,600 --> 00:11:11,990

real that's interesting then you go

291

00:11:15,369 --> 00:11:13,610

about your job and then you kind there's

292

00:11:17,350 --> 00:11:15,379

this back and forth that I was doing at

293

00:11:19,389 --> 00:11:17,360

a really rapid pace but maybe other

294

00:11:20,889 --> 00:11:19,399

people are doing it more slowly so it

295

00:11:23,049 --> 00:11:20,899

might just account for a shift that will

296

00:11:25,660 --> 00:11:23,059

take a long time yeah I think the what

297

00:11:27,189 --> 00:11:25,670

you say really has truth there that I've

298

00:11:29,799 --> 00:11:27,199

experienced and one thing I've always

299

00:11:32,139 --> 00:11:29,809

said is that in some ways I think people

300

00:11:34,030 --> 00:11:32,149

are smarter than they sometimes appear

301
00:11:35,769 --> 00:11:34,040
in some ways they're a lot dumber than

302
00:11:37,929 --> 00:11:35,779
they sometimes appear but in some ways

303
00:11:40,030 --> 00:11:37,939
they're smarter in that a lot of times

304
00:11:41,920 --> 00:11:40,040
people run across this information and

305
00:11:44,170 --> 00:11:41,930
they've really run the traps in their

306
00:11:46,389 --> 00:11:44,180
mind and they've said you know this

307
00:11:48,579 --> 00:11:46,399
really collapses everything that I'm

308
00:11:49,929 --> 00:11:48,589
about it changes my religion it's

309
00:11:52,389 --> 00:11:49,939
probably going to change my relationship

310
00:11:55,629 --> 00:11:52,399
with some of the people I'm closest to

311
00:11:57,369 --> 00:11:55,639
no don't go there and they put on a

312
00:12:00,189 --> 00:11:57,379
front like and they give some kind of

313
00:12:02,019 --> 00:12:00,199

lame excuse but they're kind of thought

314

00:12:05,259 --> 00:12:02,029

through that they don't need to touch

315

00:12:07,030 --> 00:12:05,269

this stuff have you experienced that in

316

00:12:10,559 --> 00:12:07,040

other people at all or what do you think

317

00:12:12,549 --> 00:12:10,569

yeah a close friend of mine doctor I

318

00:12:13,660 --> 00:12:12,559

talked about some of the evidence with

319

00:12:14,980 --> 00:12:13,670

them this was a few years ago and he

320

00:12:16,629 --> 00:12:14,990

said mark I have a feeling you're

321

00:12:19,749 --> 00:12:16,639

probably right but my life's pretty good

322

00:12:22,420 --> 00:12:19,759

and I don't want to go there I said okay

323

00:12:24,699 --> 00:12:22,430

I respect that my personal view is that

324

00:12:26,379 --> 00:12:24,709

if we don't align with reality reality

325

00:12:29,079 --> 00:12:26,389

will come around to rock us at some

326

00:12:31,600 --> 00:12:29,089

point so my perspective is let me learn

327

00:12:33,850 --> 00:12:31,610

as much I can about reality and align

328

00:12:37,179 --> 00:12:33,860

with it and see what happens right on

329

00:12:39,639 --> 00:12:37,189

right on right on okay let's see what we

330

00:12:44,230 --> 00:12:39,649

got next know what let me let me take us

331

00:12:44,889 --> 00:12:44,240

someplace I get to pick next where is my

332

00:12:48,249 --> 00:12:44,899

mind

333

00:12:50,530 --> 00:12:48,259

mark what if I wanted to find a podcast

334

00:12:52,150 --> 00:12:50,540

out there I needed another podcast

335

00:12:55,629 --> 00:12:52,160

are there any podcasts that have

336

00:12:57,850 --> 00:12:55,639

interviewed all these people that I've

337

00:12:59,949 --> 00:12:57,860

listed on the screen here many many

338

00:13:02,739 --> 00:12:59,959

impressive Dean Radin Bruce Greyson

339

00:13:05,259 --> 00:13:02,749

Stephen Schwartz I Brian Joseph and Jim

340

00:13:06,669 --> 00:13:05,269

Tucker on an epidemic Zander I can't go

341

00:13:08,530 --> 00:13:06,679

through the list of your boots watching

342

00:13:10,119 --> 00:13:08,540

it online you can see well I would refer

343

00:13:12,460 --> 00:13:10,129

people to skeptic oh and boot at the gas

344

00:13:14,230 --> 00:13:12,470

pump for sure and there's also a new one

345

00:13:16,030 --> 00:13:14,240

which is called where's my mom

346

00:13:17,590 --> 00:13:16,040

it is the my podcast where I've

347

00:13:18,940 --> 00:13:17,600

interviewed many people that I speak

348

00:13:20,079 --> 00:13:18,950

about in my book many of the researchers

349

00:13:22,300 --> 00:13:20,089

that have been on this show and others

350

00:13:24,519 --> 00:13:22,310

and the show actually has two formats to

351

00:13:26,110 --> 00:13:24,529

it one is the raw interview just like

352

00:13:27,579 --> 00:13:26,120

the conversation that we're having here

353

00:13:29,980 --> 00:13:27,589

and those will be available on my

354

00:13:31,930 --> 00:13:29,990

website but the main event is something

355

00:13:33,730 --> 00:13:31,940

that was inspired by my buddy from high

356

00:13:35,620 --> 00:13:33,740

school who I reached out to around the

357

00:13:37,180 --> 00:13:35,630

time that my book was launched and I was

358

00:13:39,699 --> 00:13:37,190

thinking about doing a podcast he works

359

00:13:41,889 --> 00:13:39,709

in the sports TV industry the only guy I

360

00:13:43,870 --> 00:13:41,899

know in media and I said I'm thinking

361

00:13:45,280 --> 00:13:43,880

about doing a podcast we started talking

362

00:13:47,050 --> 00:13:45,290

about it more and he said mark don't

363

00:13:49,449 --> 00:13:47,060

just put out interviews let's try to

364

00:13:51,730 --> 00:13:49,459

make this really mainstream trust me

365

00:13:52,990 --> 00:13:51,740

and I was like chomping at the bit to

366

00:13:54,760 --> 00:13:53,000

get the interviews out a few years ago

367

00:13:57,010 --> 00:13:54,770

but he said let's do something like

368

00:13:59,230 --> 00:13:57,020

cereal or this American life where it's

369

00:14:01,060 --> 00:13:59,240

like an 8 episode series almost like

370

00:14:04,810 --> 00:14:01,070

what you would get on Netflix but audio

371

00:14:06,370 --> 00:14:04,820

where you're narrating a season but you

372

00:14:08,470 --> 00:14:06,380

use clips from the interviews that

373

00:14:10,900 --> 00:14:08,480

you've conducted to back your points up

374

00:14:12,730 --> 00:14:10,910

and even more than that this show is a

375

00:14:15,820 --> 00:14:12,740

conversation between me and my friend

376

00:14:17,350 --> 00:14:15,830

the producer Matt and he's kind of

377

00:14:18,850 --> 00:14:17,360

playing the lay person who has isn't

378

00:14:20,829 --> 00:14:18,860

familiar with these topics almost a

379

00:14:22,840 --> 00:14:20,839

skeptic and we're having a conversation

380

00:14:25,329 --> 00:14:22,850

and then we use clips from oh well

381

00:14:27,930 --> 00:14:25,339

here's more on telepathy with dr. Dean

382

00:14:31,240 --> 00:14:27,940

Radin and a clip played so that's what

383

00:14:33,490 --> 00:14:31,250

standing cannot wait to hear that I'm

384

00:14:35,380 --> 00:14:33,500

glad I am glad I asked because I think

385

00:14:37,900 --> 00:14:35,390

somebody has to do that somebody has to

386

00:14:39,940 --> 00:14:37,910

add the production value to this to

387

00:14:41,500 --> 00:14:39,950

bring people along so great really

388

00:14:42,880 --> 00:14:41,510

looking forward to that so the podcast

389

00:14:45,310 --> 00:14:42,890

is called where's my mind it's available

390

00:14:47,860 --> 00:14:45,320

on all major podcast players now with

391

00:14:51,040 --> 00:14:47,870

the trailer and as of August 8th 2019

392

00:14:52,870 --> 00:14:51,050

episodes will be released great ok where

393

00:14:54,790 --> 00:14:52,880

should we go next now there You've we

394

00:14:56,350 --> 00:14:54,800

picked off some of the easy ones that

395

00:14:59,350 --> 00:14:56,360

might get a little bit harder after this

396

00:15:02,170 --> 00:14:59,360

wizards and Saints Wizards and Saints it

397

00:15:04,840 --> 00:15:02,180

is so we just talked about the things

398

00:15:06,430 --> 00:15:04,850

that challenge people and I think one of

399

00:15:09,220 --> 00:15:06,440

the things that is challenging about

400

00:15:11,650 --> 00:15:09,230

this and it always has been really but

401
00:15:15,180 --> 00:15:11,660
we've just kind of kept it under the rug

402
00:15:17,350 --> 00:15:15,190
a little bit is that if we accept this

403
00:15:18,910 --> 00:15:17,360
extended consciousness well first we

404
00:15:21,639 --> 00:15:18,920
have to accept consciousness which is

405
00:15:23,860 --> 00:15:21,649
what your book is all about but then if

406
00:15:27,370 --> 00:15:23,870
we start getting into extended

407
00:15:27,650 --> 00:15:27,380
consciousness we do have a sense that

408
00:15:34,910 --> 00:15:27,660
the

409
00:15:38,420 --> 00:15:34,920
that realm and Brahms that we don't

410
00:15:40,820 --> 00:15:38,430
necessarily want to engage with or even

411
00:15:43,430 --> 00:15:40,830
want to try and understand how we would

412
00:15:47,450 --> 00:15:43,440
engage with demons ghosts fairies angels

413
00:15:49,100 --> 00:15:47,460

et spirits do people have concerns did

414

00:15:51,320 --> 00:15:49,110

they come to you after reading the book

415

00:15:53,530 --> 00:15:51,330

or before reading the book with concerns

416

00:15:56,480 --> 00:15:53,540

that they're opening themselves up to

417

00:15:58,820 --> 00:15:56,490

maybe some things that they fear are out

418

00:16:01,520 --> 00:15:58,830

there and they don't want to mess around

419

00:16:04,280 --> 00:16:01,530

with I think this is a really important

420

00:16:07,280 --> 00:16:04,290

topic because once we accept the reality

421

00:16:08,960 --> 00:16:07,290

of these extended realms there I think

422

00:16:11,780 --> 00:16:08,970

can be a tendency to become glamorized

423

00:16:14,660 --> 00:16:11,790

by it and to see things that seem

424

00:16:15,920 --> 00:16:14,670

miraculous or to see someone channeling

425

00:16:18,290 --> 00:16:15,930

an entity that is clearly not the

426
00:16:19,490 --> 00:16:18,300
physical body and say wow there must be

427
00:16:22,700 --> 00:16:19,500
something there and almost kind of

428
00:16:25,100 --> 00:16:22,710
worship whatever is said and I think

429
00:16:26,480 --> 00:16:25,110
there's a danger of the unseen because

430
00:16:28,910 --> 00:16:26,490
we don't know what we're getting and

431
00:16:30,440 --> 00:16:28,920
this is a I think a multi-dimensional

432
00:16:32,600 --> 00:16:30,450
universe something that's probably

433
00:16:34,640 --> 00:16:32,610
beyond all comprehension so when we're

434
00:16:36,560 --> 00:16:34,650
dealing with entities that are reported

435
00:16:38,300 --> 00:16:36,570
throughout history but also many people

436
00:16:40,280 --> 00:16:38,310
in modern-day some of whom I've

437
00:16:42,980 --> 00:16:40,290
interviewed on my show where's my mind

438
00:16:45,220 --> 00:16:42,990

who channelled themselves beings come

439

00:16:47,540 --> 00:16:45,230

through them I think we have to be as

440

00:16:49,310 --> 00:16:47,550

discerning as we can be about the

441

00:16:51,350 --> 00:16:49,320

information that's coming through and

442

00:16:54,020 --> 00:16:51,360

I'll give an example from dr. David

443

00:16:55,580 --> 00:16:54,030

Hawkins who some I love his books he's

444

00:16:56,990 --> 00:16:55,590

famous for his scale of consciousness

445

00:16:58,940 --> 00:16:57,000

using kinesiology and I'm not as

446

00:17:00,800 --> 00:16:58,950

familiar with the methodology there but

447

00:17:02,000 --> 00:17:00,810

I'm very interested in his perspectives

448

00:17:04,160 --> 00:17:02,010

on enlightened states of consciousness

449

00:17:05,990 --> 00:17:04,170

that he apparently achieved and what he

450

00:17:07,550 --> 00:17:06,000

always says about this topic is he says

451

00:17:08,930 --> 00:17:07,560

it's not that it's not real these

452

00:17:10,340 --> 00:17:08,940

extended realms and these types of

453

00:17:12,620 --> 00:17:10,350

entities there are different names for

454

00:17:14,720 --> 00:17:12,630

them it's not that it's not real but

455

00:17:16,160 --> 00:17:14,730

just don't go there because it's too

456

00:17:18,110 --> 00:17:16,170

difficult to discern what's good and

457

00:17:19,700 --> 00:17:18,120

what's not and I think it's a caution

458

00:17:21,770 --> 00:17:19,710

that we should all have it's interesting

459

00:17:23,000 --> 00:17:21,780

to explore but we should just be wary

460

00:17:26,570 --> 00:17:23,010

because we don't always know what we're

461

00:17:29,390 --> 00:17:26,580

getting yeah I'm not sure about that I'm

462

00:17:31,120 --> 00:17:29,400

not sure how that fits with the first

463

00:17:33,980 --> 00:17:31,130

part of what you said which is that we

464

00:17:37,220 --> 00:17:33,990

have to understand reality the best we

465

00:17:40,370 --> 00:17:37,230

can or reality will smack us in the face

466

00:17:41,210 --> 00:17:40,380

you know Dean Radin dr. Dean Radin I on

467

00:17:43,850 --> 00:17:41,220

someone

468

00:17:46,820 --> 00:17:43,860

both you and I respect a lot recently

469

00:17:50,390 --> 00:17:46,830

had him on the show he's now very much

470

00:17:52,159 --> 00:17:50,400

into researching spirits at the same

471

00:17:54,220 --> 00:17:52,169

time he's somebody who says up until a

472

00:17:57,490 --> 00:17:54,230

year ago that wasn't even in my

473

00:18:01,700 --> 00:17:57,500

awareness in terms of understanding what

474

00:18:03,620 --> 00:18:01,710

spirits might be and I just wonder how

475

00:18:06,140 --> 00:18:03,630

we get there

476

00:18:10,039 --> 00:18:06,150

if we don't take on the challenge of

477

00:18:12,560 --> 00:18:10,049

trying to understand the mapping of that

478

00:18:14,480 --> 00:18:12,570

territory which is the extended realms

479

00:18:18,080 --> 00:18:14,490

and can we really just sit back and say

480

00:18:21,080 --> 00:18:18,090

I mean isn't it just as troubling or

481

00:18:22,399 --> 00:18:21,090

problematic to say don't go there as it

482

00:18:25,159 --> 00:18:22,409

is to say Oh

483

00:18:27,080 --> 00:18:25,169

grab your Ouija board and jump in I mean

484

00:18:28,700 --> 00:18:27,090

there it's almost like there's saying

485

00:18:30,350 --> 00:18:28,710

the same thing in two different ways

486

00:18:32,600 --> 00:18:30,360

like I know what that I know what that

487

00:18:33,230 --> 00:18:32,610

extended reality is and here's what you

488

00:18:35,510 --> 00:18:33,240

should do

489

00:18:37,250 --> 00:18:35,520

don't go there I know what that extended

490

00:18:39,529 --> 00:18:37,260

reality is and here's what you should do

491

00:18:40,700 --> 00:18:39,539

go channel the demons I think you're

492

00:18:42,799 --> 00:18:40,710

totally right and there's a middle

493

00:18:44,090 --> 00:18:42,809

ground but I'm raising the kind of

494

00:18:46,610 --> 00:18:44,100

cautionary point because there can be a

495

00:18:49,370 --> 00:18:46,620

tendency to dive in and I'd just be

496

00:18:51,409 --> 00:18:49,380

mindful of what's there but I'm super

497

00:18:52,700 --> 00:18:51,419

interested in it too interviewing hell

498

00:18:54,169 --> 00:18:52,710

anyway Bay from the Institute of noetic

499

00:18:55,760 --> 00:18:54,179

Sciences was one of my favorite

500

00:18:57,890 --> 00:18:55,770

interviews she studies people who

501
00:18:59,720 --> 00:18:57,900
channel and they talk they bring forth

502
00:19:01,279 --> 00:18:59,730
entities from many different realms and

503
00:19:03,980 --> 00:19:01,289
the messages that come through have

504
00:19:05,600 --> 00:19:03,990
consistency and so that is interesting

505
00:19:07,610 --> 00:19:05,610
that independent people are bringing

506
00:19:10,250 --> 00:19:07,620
through messages that are very similar

507
00:19:12,320 --> 00:19:10,260
so I think short answer is I'm super

508
00:19:14,149 --> 00:19:12,330
interested we should be discerning but I

509
00:19:16,669 --> 00:19:14,159
think we should be exploring yep awesome

510
00:19:19,820 --> 00:19:16,679
I'm tempted to follow up there I'm like

511
00:19:22,010 --> 00:19:19,830
you man I love the scientific method

512
00:19:24,799 --> 00:19:22,020
even though it's been consistently miss

513
00:19:28,520 --> 00:19:24,809

applied I think we have to go back to it

514

00:19:31,220 --> 00:19:28,530

what patterns are emerging the juicy

515

00:19:33,830 --> 00:19:31,230

that you find most interesting there in

516

00:19:34,880 --> 00:19:33,840

that mapping of the extended rooms it's

517

00:19:36,980 --> 00:19:34,890

interesting I was just looking back

518

00:19:39,260 --> 00:19:36,990

through the transcript of my interview

519

00:19:41,510 --> 00:19:39,270

with Helen aya who studies channels and

520

00:19:43,310 --> 00:19:41,520

we were talking about that exact topic

521

00:19:45,260 --> 00:19:43,320

which he reports and speaking to many

522

00:19:47,720 --> 00:19:45,270

different channels is that the message

523

00:19:49,190 --> 00:19:47,730

is usually about an evolution of

524

00:19:50,630 --> 00:19:49,200

consciousness that we are kind of moving

525

00:19:53,090 --> 00:19:50,640

through collectively on this planet but

526
00:19:54,570 --> 00:19:53,100
also as part of something much bigger on

527
00:19:56,730 --> 00:19:54,580
a universal scale as

528
00:19:58,409 --> 00:19:56,740
in intelligence that's beyond this

529
00:20:00,870 --> 00:19:58,419
planet whether its other dimensions or

530
00:20:04,019 --> 00:20:00,880
other planets that's what seems to be

531
00:20:06,509 --> 00:20:04,029
coming through and that we are on a path

532
00:20:08,460 --> 00:20:06,519
towards evolution your attributes is

533
00:20:10,799 --> 00:20:08,470
actually reminding me of my conversation

534
00:20:12,480 --> 00:20:10,809
with Paul Selig who channels himself and

535
00:20:13,799 --> 00:20:12,490
when we spoke he channels live if your

536
00:20:15,539 --> 00:20:13,809
listeners aren't familiar with them he

537
00:20:17,190 --> 00:20:15,549
has plenty videos on YouTube very unique

538
00:20:19,230 --> 00:20:17,200

way of channeling where he hears the

539

00:20:22,259 --> 00:20:19,240

information and then kind of mumbles it

540

00:20:24,720 --> 00:20:22,269

and then repeats it I asked him in the

541

00:20:26,190 --> 00:20:24,730

interview who these guides that were

542

00:20:28,080 --> 00:20:26,200

coming through these beings what their

543

00:20:30,210 --> 00:20:28,090

incentive was why is it that they care

544

00:20:31,830 --> 00:20:30,220

about helping us to evolve because

545

00:20:33,330 --> 00:20:31,840

that's what the message was coming

546

00:20:34,769 --> 00:20:33,340

through consistently and they said we're

547

00:20:36,419 --> 00:20:34,779

doing it out of selfishness or something

548

00:20:37,799 --> 00:20:36,429

along those lines because there's an

549

00:20:39,810 --> 00:20:37,809

interconnectedness and therefore your

550

00:20:40,470 --> 00:20:39,820

progress is our progress and that to me

551
00:20:44,100 --> 00:20:40,480
is fascinating

552
00:20:46,019 --> 00:20:44,110
awesome mark awesome stuff love it okay

553
00:20:48,659 --> 00:20:46,029
where do we go next

554
00:20:52,250 --> 00:20:48,669
shut up calculate great one of my

555
00:20:55,460 --> 00:20:52,260
favorites so let me ask you this as a

556
00:20:58,129 --> 00:20:55,470
Silicon Valley investment banker guy

557
00:21:00,870 --> 00:20:58,139
can't you make the case that this

558
00:21:03,299 --> 00:21:00,880
sidestepping of the philosophical

559
00:21:05,129 --> 00:21:03,309
implications of consciousness has helped

560
00:21:07,560 --> 00:21:05,139
clear the path for technology

561
00:21:10,500 --> 00:21:07,570
development I mean maybe this in the

562
00:21:13,409 --> 00:21:10,510
grand scheme of things isn't a bad way

563
00:21:15,960 --> 00:21:13,419

to keep the trains running on time and

564

00:21:18,389 --> 00:21:15,970

if that's too much shorthand for people

565

00:21:21,509 --> 00:21:18,399

let me just backtrack a little bit this

566

00:21:23,789 --> 00:21:21,519

is stuff that you know is part and

567

00:21:26,310 --> 00:21:23,799

parcel of your book but you do a nice

568

00:21:28,980 --> 00:21:26,320

job in the book of talking about the

569

00:21:31,710 --> 00:21:28,990

turn of the 20th century physicist

570

00:21:33,690 --> 00:21:31,720

Schrodinger Niels Bohr all the rest of

571

00:21:35,340 --> 00:21:33,700

them and they're saying hey we're doing

572

00:21:37,560 --> 00:21:35,350

the best we can with this quantum

573

00:21:40,019 --> 00:21:37,570

physics stuff but we've bumped up

574

00:21:43,529 --> 00:21:40,029

against this thing called consciousness

575

00:21:46,379 --> 00:21:43,539

and that seems to be the primary driver

576

00:21:50,039 --> 00:21:46,389

that seems to be fundamental that seems

577

00:21:53,789 --> 00:21:50,049

to be the source not matter and then the

578

00:21:56,850 --> 00:21:53,799

next step is and it's always attributed

579

00:21:58,200 --> 00:21:56,860

to to what's it to Richard Fineman

580

00:22:00,419 --> 00:21:58,210

although I'm not sure that's where the

581

00:22:03,750 --> 00:22:00,429

quote really originates but it's the

582

00:22:06,180 --> 00:22:03,760

idea of well shut up and calculate we

583

00:22:08,220 --> 00:22:06,190

have some useful models that have fallen

584

00:22:10,500 --> 00:22:08,230

out of this understanding of

585

00:22:13,560 --> 00:22:10,510

physics that might allow us to develop

586

00:22:15,629 --> 00:22:13,570

all this wonderful technology and isn't

587

00:22:18,149 --> 00:22:15,639

that really a better way to spend our

588

00:22:20,700 --> 00:22:18,159

time and let's engineer that and see

589

00:22:21,720 --> 00:22:20,710

what we get so you understand what I'm

590

00:22:24,810 --> 00:22:21,730

talking about I just want to make sure

591

00:22:27,210 --> 00:22:24,820

our audience does what do you think is

592

00:22:29,279 --> 00:22:27,220

there some advantage to just bypassing

593

00:22:31,649 --> 00:22:29,289

the philosophical implications and just

594

00:22:33,450 --> 00:22:31,659

building stuff for me this is really a

595

00:22:35,009 --> 00:22:33,460

question about creativity in the nature

596

00:22:36,269 --> 00:22:35,019

and creativity and I see this a lot

597

00:22:38,100 --> 00:22:36,279

because of the field that I work in in

598

00:22:40,169 --> 00:22:38,110

Silicon Valley where we see innovations

599

00:22:41,340 --> 00:22:40,179

and especially with a patent if you get

600

00:22:43,440 --> 00:22:41,350

a patent that means you've done

601
00:22:45,870 --> 00:22:43,450
something that is both novel and

602
00:22:47,519 --> 00:22:45,880
non-obvious relative to whatever has

603
00:22:50,370 --> 00:22:47,529
been done in the past known as the prior

604
00:22:53,070 --> 00:22:50,380
art so how does an idea emerge that is

605
00:22:54,840 --> 00:22:53,080
is novel and non-obvious sometimes that

606
00:22:57,269 --> 00:22:54,850
occurs in a nonlinear way where you have

607
00:22:58,860 --> 00:22:57,279
an idea that is not a shut up and

608
00:23:01,230 --> 00:22:58,870
calculate methodology

609
00:23:03,500 --> 00:23:01,240
however the implementation of the

610
00:23:06,330 --> 00:23:03,510
creativity that comes in can be through

611
00:23:09,570 --> 00:23:06,340
calculation and logic so I think there's

612
00:23:11,580 --> 00:23:09,580
this combination of nonlinear creativity

613
00:23:15,480 --> 00:23:11,590

that we can't fully explain always and

614

00:23:17,970 --> 00:23:15,490

the logic of calculation and programming

615

00:23:19,769 --> 00:23:17,980

so the creativity might be the the

616

00:23:22,409 --> 00:23:19,779

instigator and then the implementation

617

00:23:23,549 --> 00:23:22,419

comes with what we are seeing a lot in

618

00:23:25,560 --> 00:23:23,559

Silicon Valley so I think by

619

00:23:26,700 --> 00:23:25,570

sidestepping the implications we might

620

00:23:28,769 --> 00:23:26,710

have been shutting down some of the

621

00:23:30,480 --> 00:23:28,779

creativity and that might not have been

622

00:23:31,980 --> 00:23:30,490

such a good thing I understand where

623

00:23:34,500 --> 00:23:31,990

you're going with that only the one

624

00:23:35,759 --> 00:23:34,510

challenge I have with that is that you

625

00:23:38,009 --> 00:23:35,769

know in particular I remember in your

626

00:23:39,600 --> 00:23:38,019

dialogue with Rick Archer I'm booted at

627

00:23:42,360 --> 00:23:39,610

the gas pump you guys talked about it

628

00:23:44,039 --> 00:23:42,370

gets a little bit kind of love and light

629

00:23:46,379 --> 00:23:44,049

oh isn't this going to be great once

630

00:23:48,360 --> 00:23:46,389

everybody gets on board with extended

631

00:23:50,820 --> 00:23:48,370

consciousness mind equals more than

632

00:23:53,940 --> 00:23:50,830

brain are things going to be better and

633

00:23:56,970 --> 00:23:53,950

I don't know I mean if Niels Bohr and

634

00:23:59,669 --> 00:23:56,980

Schrodinger had their way would we have

635

00:24:01,649 --> 00:23:59,679

an iPhone would we have an Internet you

636

00:24:03,120 --> 00:24:01,659

could make the argument that we wouldn't

637

00:24:05,580 --> 00:24:03,130

I mean that isn't the direction that

638

00:24:06,810 --> 00:24:05,590

wasn't their passion after realizing

639

00:24:08,970 --> 00:24:06,820

that consciousness is somehow

640

00:24:11,310 --> 00:24:08,980

fundamental I mean they're like Thomas

641

00:24:13,190 --> 00:24:11,320

Edison and Gary Schwartz today they're

642

00:24:15,720 --> 00:24:13,200

looking at a Seoul phone right there

643

00:24:18,570 --> 00:24:15,730

Thomas Edison famously one of his

644

00:24:21,530 --> 00:24:18,580

lifelong failures but something was

645

00:24:23,990 --> 00:24:21,540

interested in is technology that will

646

00:24:25,340 --> 00:24:24,000

was to connect with the deceased Gary

647

00:24:27,170 --> 00:24:25,350

Schwartz someone you've interviewed at

648

00:24:30,140 --> 00:24:27,180

the University Arizona is still

649

00:24:33,110 --> 00:24:30,150

interested in that that's a different

650

00:24:35,990 --> 00:24:33,120

kind of maybe that's a different spin on

651
00:24:37,670 --> 00:24:36,000
the shut up and calculate thing I don't

652
00:24:39,530 --> 00:24:37,680
know do you have any thoughts on that I

653
00:24:40,940 --> 00:24:39,540
really don't know because we don't know

654
00:24:43,760 --> 00:24:40,950
what kind of information would be

655
00:24:46,310 --> 00:24:43,770
obtained if there were more kind of

656
00:24:47,420 --> 00:24:46,320
alignment with consciousness if maybe it

657
00:24:49,370 --> 00:24:47,430
would have steered us in those

658
00:24:51,710 --> 00:24:49,380
directions too with people who have that

659
00:24:53,420 --> 00:24:51,720
passion or those unique skill sets to be

660
00:24:54,590 --> 00:24:53,430
able to shut up and calculate so I think

661
00:24:56,270 --> 00:24:54,600
it's a great point you raise I just

662
00:24:57,980 --> 00:24:56,280
don't know we it's hard to know what

663
00:24:59,420 --> 00:24:57,990

would have happened yeah that's fair

664

00:25:01,940 --> 00:24:59,430

enough it's it's actually an excellent

665

00:25:03,530 --> 00:25:01,950

point on your part so okay mark what's

666

00:25:06,590 --> 00:25:03,540

next what have we not done yet how about

667

00:25:09,410 --> 00:25:06,600

level 1 level 2 level 3 nice that's what

668

00:25:11,510 --> 00:25:09,420

I wanted to do too so you've written an

669

00:25:13,400 --> 00:25:11,520

awesome book that if I would have had a

670

00:25:16,160 --> 00:25:13,410

few years ago would have trimmed here is

671

00:25:18,680 --> 00:25:16,170

off of my skeptical journey save me a

672

00:25:20,600 --> 00:25:18,690

bunch of interview time it's so well put

673

00:25:23,900 --> 00:25:20,610

together it's so well organized and

674

00:25:26,000 --> 00:25:23,910

documented but one of the things I guess

675

00:25:28,760 --> 00:25:26,010

I stumbled into and I'd love to get your

676

00:25:31,310 --> 00:25:28,770

thoughts on this is that there's this

677

00:25:34,280 --> 00:25:31,320

level 1 to 3 thing what I call is that

678

00:25:36,740 --> 00:25:34,290

follow the data your book your journey

679

00:25:39,950 --> 00:25:36,750

my journey is the first part of that

680

00:25:42,590 --> 00:25:39,960

which is what are the best scientists

681

00:25:44,600 --> 00:25:42,600

say what are the best minds say where

682

00:25:46,430 --> 00:25:44,610

are the anomalies and how are they best

683

00:25:49,220 --> 00:25:46,440

resolved and I come to the same

684

00:25:51,380 --> 00:25:49,230

conclusion that you do is that it points

685

00:25:54,650 --> 00:25:51,390

towards a new understanding of

686

00:25:57,920 --> 00:25:54,660

consciousness that has been completely

687

00:25:59,720 --> 00:25:57,930

missed by science as we know it but at

688

00:26:01,900 --> 00:25:59,730

some point I kind of came to the

689

00:26:04,850 --> 00:26:01,910

realization that there's a

690

00:26:07,550 --> 00:26:04,860

conspiratorial aspect of that kind of

691

00:26:09,200 --> 00:26:07,560

cooked right into the cake and that is

692

00:26:11,810 --> 00:26:09,210

like you mentioned remote viewing was

693

00:26:13,940 --> 00:26:11,820

one of your first go-to topics in terms

694

00:26:17,420 --> 00:26:13,950

of evidence that you found most

695

00:26:19,340 --> 00:26:17,430

compelling for mind not equal brain well

696

00:26:21,260 --> 00:26:19,350

and I was credit my friend Gordon white

697

00:26:23,390 --> 00:26:21,270

for being the first one to wake me up to

698

00:26:25,520 --> 00:26:23,400

this but if you look at that research

699

00:26:27,140 --> 00:26:25,530

and you look at all the other stuff that

700

00:26:29,480 --> 00:26:27,150

was going on at Stanford Research

701
00:26:32,150 --> 00:26:29,490
Institute from hell put off and they

702
00:26:33,770 --> 00:26:32,160
were way past materialism and these are

703
00:26:34,310 --> 00:26:33,780
two of the brightest scientists in the

704
00:26:36,440 --> 00:26:34,320
world

705
00:26:39,800 --> 00:26:36,450
and they weren't alone there was a

706
00:26:42,250 --> 00:26:39,810
significant group within the government

707
00:26:45,530 --> 00:26:42,260
the hidden college if you will that

708
00:26:47,570 --> 00:26:45,540
understood that this materialism in this

709
00:26:50,150 --> 00:26:47,580
limited view of consciousness was

710
00:26:52,280 --> 00:26:50,160
nowhere close to anything that was real

711
00:26:54,350 --> 00:26:52,290
and was useful for building these things

712
00:26:58,070 --> 00:26:54,360
but wasn't true to the ultimate reality

713
00:27:01,700 --> 00:26:58,080

so that's the level two discussion is so

714

00:27:04,820 --> 00:27:01,710

what's really going on with those guys

715

00:27:07,280 --> 00:27:04,830

who know better than to kind of pitch

716

00:27:09,950 --> 00:27:07,290

this materialism and then maybe we can

717

00:27:11,870 --> 00:27:09,960

get to level three which we already have

718

00:27:13,820 --> 00:27:11,880

touched on which is I think the real

719

00:27:15,530 --> 00:27:13,830

payoff at the end of the day if you sort

720

00:27:17,840 --> 00:27:15,540

through that you say okay there's one

721

00:27:19,970 --> 00:27:17,850

group that knows more than everybody

722

00:27:21,680 --> 00:27:19,980

else well what's really the game and

723

00:27:23,420 --> 00:27:21,690

then I think you have to ask you know

724

00:27:25,760 --> 00:27:23,430

how does this fit into the larger

725

00:27:27,890 --> 00:27:25,770

question how I should live my life you

726

00:27:29,390 --> 00:27:27,900

know is there a good and bad is there a

727

00:27:31,810 --> 00:27:29,400

moral imperative and all those other

728

00:27:34,040 --> 00:27:31,820

things but take me through your

729

00:27:36,680 --> 00:27:34,050

understanding of this level-1 level-2

730

00:27:38,390 --> 00:27:36,690

level-3 thing I'm really glad you framed

731

00:27:39,890 --> 00:27:38,400

it this way it's sort of how I was

732

00:27:41,630 --> 00:27:39,900

thinking about the book is that the book

733

00:27:43,670 --> 00:27:41,640

would hopefully serve as a gateway for

734

00:27:44,990 --> 00:27:43,680

people to open the door to the really

735

00:27:46,520 --> 00:27:45,000

really interesting questions which I

736

00:27:48,260 --> 00:27:46,530

know you've been exploring a lot and I

737

00:27:50,420 --> 00:27:48,270

personally explore them too but without

738

00:27:52,580 --> 00:27:50,430

level one without understanding that

739

00:27:54,650 --> 00:27:52,590

it's not mine equals brain these other

740

00:27:56,510 --> 00:27:54,660

topics don't make sense so one would

741

00:27:57,860 --> 00:27:56,520

potentially just be closed off to them

742

00:27:59,390 --> 00:27:57,870

entirely and I think that's what we have

743

00:28:01,040 --> 00:27:59,400

right now a lot of really smart people

744

00:28:02,870 --> 00:28:01,050

who are not looking at those topics

745

00:28:05,420 --> 00:28:02,880

because they're still in mind equals

746

00:28:08,500 --> 00:28:05,430

brain so why go to levels two and three

747

00:28:11,540 --> 00:28:08,510

so I think that's the critical step is

748

00:28:13,190 --> 00:28:11,550

kind of dispelling that myth and I think

749

00:28:16,370 --> 00:28:13,200

there's substantial evidence for that

750

00:28:18,760 --> 00:28:16,380

level two and three those are ones I

751

00:28:22,490 --> 00:28:18,770

still think about all the time level two

752

00:28:25,340 --> 00:28:22,500

conspiracies are there why is it that

753

00:28:27,890 --> 00:28:25,350

this information isn't as well known in

754

00:28:30,770 --> 00:28:27,900

a society where there is so much access

755

00:28:33,410 --> 00:28:30,780

to information I mean I've heard ideas

756

00:28:35,180 --> 00:28:33,420

that there are kind of forces that are

757

00:28:36,860 --> 00:28:35,190

trying to suppress the information I

758

00:28:38,780 --> 00:28:36,870

honestly don't know as much about that

759

00:28:40,510 --> 00:28:38,790

I've kind of heard that as a theory what

760

00:28:43,160 --> 00:28:40,520

I've heard more about is kind of

761

00:28:46,580 --> 00:28:43,170

suppression based almost on ego of

762

00:28:47,769 --> 00:28:46,590

people not wanting to be wrong and this

763

00:28:49,479 --> 00:28:47,779

was actually came up in some of

764

00:28:51,519 --> 00:28:49,489

interviews with scientists who would

765

00:28:53,289 --> 00:28:51,529

talk to a mainstream scientist who would

766

00:28:54,820 --> 00:28:53,299

say well if what you're doing is right

767

00:28:56,469 --> 00:28:54,830

meeting these extended consciousness

768

00:28:57,909 --> 00:28:56,479

realms if that's right then everything

769

00:29:00,009 --> 00:28:57,919

that I've done in my career would be

770

00:29:01,810 --> 00:29:00,019

wrong and that is I guess difficult for

771

00:29:04,060 --> 00:29:01,820

some people to take I totally agree with

772

00:29:05,709 --> 00:29:04,070

you on one hand and I think your

773

00:29:07,479 --> 00:29:05,719

assessment of the situation or your

774

00:29:08,830 --> 00:29:07,489

telling of those stories is important

775

00:29:09,009 --> 00:29:08,840

because I think people can relate to

776

00:29:11,229 --> 00:29:09,019

that

777

00:29:15,099 --> 00:29:11,239

and if you can't you know just imagine

778

00:29:16,899 --> 00:29:15,109

your entire career being shattered right

779

00:29:18,459 --> 00:29:16,909

in front of your eyes I mean most of us

780

00:29:20,349 --> 00:29:18,469

would be a little bit resistant to that

781

00:29:22,389 --> 00:29:20,359

even though we think science should play

782

00:29:24,070 --> 00:29:22,399

by some different set of rules and it

783

00:29:25,779 --> 00:29:24,080

doesn't because they're just people and

784

00:29:27,399 --> 00:29:25,789

and the slide that I brought up earlier

785

00:29:29,320 --> 00:29:27,409

in the house slide I always remember

786

00:29:31,930 --> 00:29:29,330

interviewing dr. Henry Bower from

787

00:29:34,149 --> 00:29:31,940

Virginia Tech who has written a couple

788

00:29:37,029 --> 00:29:34,159

of really fantastic books trying to

789

00:29:40,389 --> 00:29:37,039

understand why science is so broken in

790

00:29:42,159 --> 00:29:40,399

this way and can't get past itself and I

791

00:29:43,959 --> 00:29:42,169

do have to return to the conspiracy for

792

00:29:46,930 --> 00:29:43,969

a minute because I think even what

793

00:29:48,369 --> 00:29:46,940

you're saying is part of the conspiracy

794

00:29:49,719 --> 00:29:48,379

and I know people hate that word but

795

00:29:51,879 --> 00:29:49,729

there's no other way to describe it

796

00:29:55,919 --> 00:29:51,889

I mean we've built a system that props

797

00:29:58,089 --> 00:29:55,929

up this kind of third-grade fallacy

798

00:30:00,009 --> 00:29:58,099

ridiculousness that consciousness is an

799

00:30:01,419 --> 00:30:00,019

illusion and you can and I've played it

800

00:30:03,190 --> 00:30:01,429

on this show before go listen to Neil

801
00:30:04,899 --> 00:30:03,200
deGrasse Tyson who isn't talking about

802
00:30:07,629 --> 00:30:04,909
propped up propped up is one of the

803
00:30:09,190 --> 00:30:07,639
leading scientific figures in the United

804
00:30:11,019 --> 00:30:09,200
States or the world or what you want to

805
00:30:13,560 --> 00:30:11,029
say it and you'll hear him say I think

806
00:30:15,879 --> 00:30:13,570
what we're gonna find here we may find

807
00:30:19,930 --> 00:30:15,889
consciousness there's really nothing

808
00:30:22,659 --> 00:30:19,940
there this is an insane absurd idea that

809
00:30:24,339 --> 00:30:22,669
doesn't pass a high schooler certainly I

810
00:30:26,440 --> 00:30:24,349
said third grade but certainly a high

811
00:30:28,389 --> 00:30:26,450
school's understanding philosophy you

812
00:30:30,070 --> 00:30:28,399
mentioned Bernardo Kastrup we had a good

813
00:30:33,849 --> 00:30:30,080

chuckle on the show when we talked about

814

00:30:36,369 --> 00:30:33,859

that how this idea is perpetuated and

815

00:30:38,320 --> 00:30:36,379

held up is hard to understand without

816

00:30:40,269 --> 00:30:38,330

understanding conspiracy but then if you

817

00:30:43,060 --> 00:30:40,279

go like I did and you investigate the

818

00:30:45,639 --> 00:30:43,070

pushback that comes in waves

819

00:30:48,459 --> 00:30:45,649

whenever anyone seriously challenges it

820

00:30:51,459 --> 00:30:48,469

it's hard to just chalk it up as just

821

00:30:53,049 --> 00:30:51,469

old two guys out there arguing take Evan

822

00:30:56,169 --> 00:30:53,059

Alexander who you reference in the book

823

00:30:58,899 --> 00:30:56,179

the wave of criticism that this Harvard

824

00:31:01,750 --> 00:30:58,909

neurosurgeon got when he came out and

825

00:31:03,910 --> 00:31:01,760

said hey I almost died and I had

826

00:31:06,180 --> 00:31:03,920

near-death experience ensures what

827

00:31:10,390 --> 00:31:06,190

happened there was an organized

828

00:31:12,420 --> 00:31:10,400

systematic pushback on that that I don't

829

00:31:15,310 --> 00:31:12,430

think can be explained without

830

00:31:17,830 --> 00:31:15,320

acknowledging that there is a group

831

00:31:20,860 --> 00:31:17,840

whatever that group is that is opposed

832

00:31:23,140 --> 00:31:20,870

to these ideas going forward and the

833

00:31:27,340 --> 00:31:23,150

only conclusion I can come to is that if

834

00:31:29,590 --> 00:31:27,350

you want to run the world then maybe the

835

00:31:32,170 --> 00:31:29,600

system that they have in place the

836

00:31:34,810 --> 00:31:32,180

limited thinking materialism which

837

00:31:37,720 --> 00:31:34,820

scientific materialism which extends

838

00:31:39,790 --> 00:31:37,730

into personal materialism go buy stuff

839

00:31:43,030 --> 00:31:39,800

go be happy with the things that you

840

00:31:46,510 --> 00:31:43,040

have that someone has decided is a

841

00:31:49,360 --> 00:31:46,520

better way to run the world than what

842

00:31:52,630 --> 00:31:49,370

you're proposing so I want to kind of

843

00:31:56,050 --> 00:31:52,640

dive back into that conspiracy thing and

844

00:31:59,380 --> 00:31:56,060

and see if that might not make sense to

845

00:32:01,750 --> 00:31:59,390

you as a possible motivation for why

846

00:32:04,480 --> 00:32:01,760

we're stuck with such a just silly

847

00:32:07,060 --> 00:32:04,490

paradigm I'm certainly open to it I just

848

00:32:08,830 --> 00:32:07,070

don't I haven't studied the mechanics

849

00:32:10,720 --> 00:32:08,840

behind that enough but I've seen data

850

00:32:12,280 --> 00:32:10,730

points that would fit with it some of

851
00:32:15,520 --> 00:32:12,290
which you describe where there's kind of

852
00:32:16,930 --> 00:32:15,530
there seems to be a suppression I'm

853
00:32:18,070 --> 00:32:16,940
thinking back to some conversations I've

854
00:32:20,110 --> 00:32:18,080
had with scientists who say they'll

855
00:32:21,730 --> 00:32:20,120
submit an article to a scientific

856
00:32:24,220 --> 00:32:21,740
journal and the journal will reject the

857
00:32:25,540 --> 00:32:24,230
article not because of the methodology

858
00:32:27,160 --> 00:32:25,550
but because what's being studied is

859
00:32:29,470 --> 00:32:27,170
impossible and that's just a complete

860
00:32:31,810 --> 00:32:29,480
stonewalling okay great tell you what

861
00:32:32,680 --> 00:32:31,820
let's leave it at that okay mark where

862
00:32:35,280 --> 00:32:32,690
do we go from here

863
00:32:38,830 --> 00:32:35,290

believers you know the number one

864

00:32:42,160 --> 00:32:38,840

pushback that I get when I take this

865

00:32:44,260 --> 00:32:42,170

you're more than your brain thing and I

866

00:32:45,910 --> 00:32:44,270

guess this would be a valid pushback for

867

00:32:47,680 --> 00:32:45,920

you again because I'm referencing the

868

00:32:49,750 --> 00:32:47,690

excellent interview did you did with

869

00:32:51,220 --> 00:32:49,760

Rick unglued at the gas pump and you've

870

00:32:53,290 --> 00:32:51,230

done many interviews you've been very

871

00:32:55,570 --> 00:32:53,300

generous with your time in promoting

872

00:32:58,030 --> 00:32:55,580

this book and as we all know there's not

873

00:32:59,560 --> 00:32:58,040

like this huge financial incentive like

874

00:33:01,840 --> 00:32:59,570

you're gonna sell millions and millions

875

00:33:04,200 --> 00:33:01,850

of these kind of books I mean it just

876

00:33:07,030 --> 00:33:04,210

doesn't work that way so your

877

00:33:09,550 --> 00:33:07,040

motivations can only be of the highest

878

00:33:11,620 --> 00:33:09,560

kind I can I just have to assume that

879

00:33:14,230 --> 00:33:11,630

they are you're be commended for that

880

00:33:14,990 --> 00:33:14,240

but here's the pushback I get people say

881

00:33:18,020 --> 00:33:15,000

yeah

882

00:33:20,780 --> 00:33:18,030

yada-yada-yada mind equals brain the

883

00:33:21,770 --> 00:33:20,790

vast majority of people 90% believe that

884

00:33:24,440 --> 00:33:21,780

there's some kind of higher power

885

00:33:26,780 --> 00:33:24,450

therefore they already reject the idea

886

00:33:29,150 --> 00:33:26,790

of mind equals brain has that really

887

00:33:31,850 --> 00:33:29,160

made the world any better safer you're

888

00:33:34,340 --> 00:33:31,860

kind of painting this Pollyanna future

889

00:33:38,120 --> 00:33:34,350

of when people realize the greater

890

00:33:39,800 --> 00:33:38,130

consciousness go tell the folks in Iran

891

00:33:42,020 --> 00:33:39,810

that just picking on Iran because

892

00:33:44,270 --> 00:33:42,030

they're in the news go tell all the

893

00:33:46,580 --> 00:33:44,280

radical Muslim countries that we'd love

894

00:33:48,530 --> 00:33:46,590

to hate who are very there they don't

895

00:33:50,390 --> 00:33:48,540

believe in mind equals brain there so

896

00:33:52,130 --> 00:33:50,400

there's a in the or pick on Fundy

897

00:33:54,170 --> 00:33:52,140

Christians or pick on any fund a

898

00:33:56,000 --> 00:33:54,180

religious group you want they're not

899

00:33:58,280 --> 00:33:56,010

mind equal brain are they making the

900

00:34:01,040 --> 00:33:58,290

world better and if not then aren't you

901
00:34:03,800 --> 00:34:01,050
just peddling another version of your

902
00:34:06,050 --> 00:34:03,810
religion your picture of how everyone

903
00:34:07,820 --> 00:34:06,060
should be I think a great point a great

904
00:34:09,770 --> 00:34:07,830
question it brings me back I think to

905
00:34:12,590 --> 00:34:09,780
our level-1 level-2 level-3 discussion

906
00:34:14,930 --> 00:34:12,600
to me the mind equals brain to keep the

907
00:34:16,610 --> 00:34:14,940
spelling that myth is almost step one

908
00:34:17,930 --> 00:34:16,620
but getting to the topics that you've

909
00:34:19,399 --> 00:34:17,940
become very interested in and then I'm

910
00:34:21,290 --> 00:34:19,409
interested in its what does it all mean

911
00:34:24,260 --> 00:34:21,300
what are the other realms how should we

912
00:34:28,010 --> 00:34:24,270
live that part I think is it maybe less

913
00:34:30,770 --> 00:34:28,020

well explored so the at post mind equals

914

00:34:32,480 --> 00:34:30,780

brain paradigm after we get to a kind of

915

00:34:35,869 --> 00:34:32,490

extended consciousness realm paradigm

916

00:34:37,490 --> 00:34:35,879

then we have to understand reality to

917

00:34:40,070 --> 00:34:37,500

another level and to understand what it

918

00:34:42,680 --> 00:34:40,080

all means and how how what the system is

919

00:34:44,600 --> 00:34:42,690

and I think it's when we get there that

920

00:34:46,970 --> 00:34:44,610

we might advance so I agree with you

921

00:34:48,770 --> 00:34:46,980

that just flipping the paradigm on its

922

00:34:51,710 --> 00:34:48,780

own will not do it it has to be more

923

00:34:52,909 --> 00:34:51,720

than that excellent mark great Steve and

924

00:34:54,110 --> 00:34:52,919

actually I want to I want to mention

925

00:34:55,790 --> 00:34:54,120

something that's come up a lot in my

926
00:34:56,540 --> 00:34:55,800
recent studies and comes up with my

927
00:34:59,660 --> 00:34:56,550
podcast

928
00:35:00,890 --> 00:34:59,670
on this topic a phenomenon reported in

929
00:35:03,710 --> 00:35:00,900
the near-death experience called the

930
00:35:05,090 --> 00:35:03,720
life review which is reported very often

931
00:35:06,530 --> 00:35:05,100
I spoke with the man named Daniel

932
00:35:08,330 --> 00:35:06,540
Brinkley who's famous for having had

933
00:35:09,920 --> 00:35:08,340
multiple near-death experiences and

934
00:35:11,990 --> 00:35:09,930
what's unique about his experiences is

935
00:35:14,570 --> 00:35:12,000
that he had a life review each time

936
00:35:16,790 --> 00:35:14,580
which is not always reported and he has

937
00:35:19,070 --> 00:35:16,800
had for life reviews and this is where a

938
00:35:21,200 --> 00:35:19,080

person claims to have experienced his or

939

00:35:22,760 --> 00:35:21,210

her whole life in a flash where the

940

00:35:25,880 --> 00:35:22,770

events are experienced too through the

941

00:35:27,650 --> 00:35:25,890

eyes of the people affected so let's say

942

00:35:28,910 --> 00:35:27,660

in the case of dannion brinkley he was

943

00:35:30,620 --> 00:35:28,920

in the

944

00:35:32,660 --> 00:35:30,630

he told me he killed many people that he

945

00:35:34,640 --> 00:35:32,670

was vicious in combat so during his life

946

00:35:35,990 --> 00:35:34,650

review each time he relived the deaths

947

00:35:37,970 --> 00:35:36,000

of the people that he killed through

948

00:35:39,920 --> 00:35:37,980

their eyes and not only that and felt

949

00:35:41,390 --> 00:35:39,930

the indirect effects he felt the effects

950

00:35:43,220 --> 00:35:41,400

of the child who no longer had a father

951
00:35:44,960 --> 00:35:43,230
because he had killed the father so it's

952
00:35:46,960 --> 00:35:44,970
details like that whether these things

953
00:35:49,520 --> 00:35:46,970
are part of the fabric of the universe

954
00:35:52,490 --> 00:35:49,530
that could shift shift one's perspective

955
00:35:54,650 --> 00:35:52,500
very drastically but to even explore the

956
00:35:56,930 --> 00:35:54,660
life review wouldn't make sense until we

957
00:35:59,059 --> 00:35:56,940
accept extended consciousness realms

958
00:36:01,099 --> 00:35:59,069
awesome totally agree there's really

959
00:36:03,620 --> 00:36:01,109
nothing I could add to that so I'm gonna

960
00:36:06,380 --> 00:36:03,630
move on okay let me there's only a

961
00:36:07,730 --> 00:36:06,390
couple left so I challenge you to

962
00:36:11,300 --> 00:36:07,740
remember all the ones we've talked about

963
00:36:14,329 --> 00:36:11,310

let's talk about the observer and we've

964

00:36:15,890 --> 00:36:14,339

been talking around this for a while and

965

00:36:18,410 --> 00:36:15,900

the last point you made about the life

966

00:36:21,559 --> 00:36:18,420

for view I think leads us right into

967

00:36:23,780 --> 00:36:21,569

that if I'm not a biological robot in a

968

00:36:27,589 --> 00:36:23,790

meaningless universe if I'm more than

969

00:36:31,819 --> 00:36:27,599

mine equals brain then what am i and am

970

00:36:35,329 --> 00:36:31,829

I the observer of my experience am i

971

00:36:38,150 --> 00:36:35,339

what Eckhart Tolle says what Michael

972

00:36:40,579 --> 00:36:38,160

singer untethered soul says what my

973

00:36:43,520 --> 00:36:40,589

buddy Jeffery Martin has gone and

974

00:36:45,819 --> 00:36:43,530

studied in a social science Harvard

975

00:36:49,460 --> 00:36:45,829

social science kind of way the most

976
00:36:52,940 --> 00:36:49,470
awakened people that he could find am i

977
00:36:57,380 --> 00:36:52,950
the observer of my experience is that

978
00:36:59,210 --> 00:36:57,390
where level one leads me I think it

979
00:37:01,609 --> 00:36:59,220
leads in that direction for sure and

980
00:37:03,440 --> 00:37:01,619
it's something I still ponder all the

981
00:37:07,339 --> 00:37:03,450
time it's the nature of identity really

982
00:37:09,829 --> 00:37:07,349
what what is it that I am am I my body

983
00:37:11,870 --> 00:37:09,839
or I or am i that which experience is

984
00:37:14,150 --> 00:37:11,880
the body and if that the latter is the

985
00:37:17,420 --> 00:37:14,160
case then does that mean I am NOT

986
00:37:18,470 --> 00:37:17,430
physical then what is it that I am and

987
00:37:20,450 --> 00:37:18,480
it becomes a very introspective

988
00:37:23,030 --> 00:37:20,460

subjective experience I think where I

989

00:37:24,859 --> 00:37:23,040

come out on it is that we are that my

990

00:37:27,109 --> 00:37:24,869

identity is not marked but I am that

991

00:37:30,410 --> 00:37:27,119

which experiences mark and that's

992

00:37:31,940 --> 00:37:30,420

challenging that's been challenging for

993

00:37:33,859 --> 00:37:31,950

thousands of years while people have

994

00:37:37,010 --> 00:37:33,869

contemplated it and one of the

995

00:37:39,330 --> 00:37:37,020

challenging parts of it that doesn't get

996

00:37:41,670 --> 00:37:39,340

talked about a lot is

997

00:37:45,660 --> 00:37:41,680

that there are pitfalls associated with

998

00:37:48,330 --> 00:37:45,670

that following that path is not an easy

999

00:37:51,600 --> 00:37:48,340

path even if we look at the NVE science

1000

00:37:54,120 --> 00:37:51,610

you look at dr. PMH Atwater who I think

1001
00:37:56,820 --> 00:37:54,130
you've referenced in the book not sure

1002
00:38:00,660 --> 00:37:56,830
don't believe I did so her research

1003
00:38:03,660 --> 00:38:00,670
looked at the problems that folks have

1004
00:38:06,060 --> 00:38:03,670
in integrating in the near-death

1005
00:38:08,940 --> 00:38:06,070
experience higher divorce rate way

1006
00:38:10,800 --> 00:38:08,950
higher the normal higher suicide rate

1007
00:38:13,410 --> 00:38:10,810
way higher than normal which is

1008
00:38:15,720 --> 00:38:13,420
surprising if you jump over and look at

1009
00:38:18,980 --> 00:38:15,730
dr. Jeffery Martin who I just referenced

1010
00:38:20,900 --> 00:38:18,990
and talked about who's studied this

1011
00:38:25,470 --> 00:38:20,910
scientifically in terms of this

1012
00:38:30,300 --> 00:38:25,480
awakening this realization that I am the

1013
00:38:33,740 --> 00:38:30,310

observer that I am consciousness again

1014

00:38:36,030 --> 00:38:33,750

it's difficult to integrate in a

1015

00:38:39,570 --> 00:38:36,040

motivational is one of the things that

1016

00:38:43,020 --> 00:38:39,580

falls out why am I going to kind of do

1017

00:38:45,270 --> 00:38:43,030

all the doing that I do if I am the one

1018

00:38:48,090 --> 00:38:45,280

observing it's not that I don't do

1019

00:38:50,730 --> 00:38:48,100

anything but it's like I can't get quite

1020

00:38:52,920 --> 00:38:50,740

as excited about the things that other

1021

00:38:55,710 --> 00:38:52,930

people are excited about and that leads

1022

00:38:58,200 --> 00:38:55,720

to problems in relationships again this

1023

00:39:01,380 --> 00:38:58,210

higher divorce rate this higher ability

1024

00:39:05,030 --> 00:39:01,390

to relate to other people so I think

1025

00:39:08,190 --> 00:39:05,040

this is something that is SuperDuper

1026

00:39:09,600 --> 00:39:08,200

important and isn't being fully

1027

00:39:11,970 --> 00:39:09,610

addressed and it's another one of those

1028

00:39:14,640 --> 00:39:11,980

things that I think people are running

1029

00:39:18,120 --> 00:39:14,650

the traps in their head and they're

1030

00:39:20,820 --> 00:39:18,130

saying I'm not sure I want to be the

1031

00:39:23,820 --> 00:39:20,830

yogi on the mountain even if that is

1032

00:39:26,280 --> 00:39:23,830

reality I'm not sure I want that reality

1033

00:39:29,700 --> 00:39:26,290

and the flipside of that is as we've

1034

00:39:33,330 --> 00:39:29,710

talked about do you really want an on

1035

00:39:38,190 --> 00:39:33,340

reality so what about the pitfalls with

1036

00:39:39,810 --> 00:39:38,200

I am the observer of my experience yeah

1037

00:39:42,270 --> 00:39:39,820

these are things I think about all the

1038

00:39:44,190 --> 00:39:42,280

time too what is it's ultimately what

1039

00:39:45,990 --> 00:39:44,200

how should we be living I think that's

1040

00:39:48,030 --> 00:39:46,000

where it fundamentally gets because that

1041

00:39:49,500 --> 00:39:48,040

informs the decisions we make about how

1042

00:39:53,150 --> 00:39:49,510

what to do about our identity if we are

1043

00:39:55,460 --> 00:39:53,160

not our bodies and at least to me my

1044

00:39:57,079 --> 00:39:55,470

hypothesis is at the moment is that the

1045

00:39:58,099 --> 00:39:57,089

fact that we are in a body indicates

1046

00:40:00,260 --> 00:39:58,109

that we probably should be doing

1047

00:40:02,539 --> 00:40:00,270

something here and not just escaping the

1048

00:40:04,130 --> 00:40:02,549

world completely otherwise we wouldn't

1049

00:40:07,490 --> 00:40:04,140

be here that's just kind of the logic

1050

00:40:09,920 --> 00:40:07,500

that I see my own mind so we have to

1051
00:40:11,839 --> 00:40:09,930
balance it it's we're in a body yet we

1052
00:40:14,329 --> 00:40:11,849
are not a body we are experiencing the

1053
00:40:15,859 --> 00:40:14,339
body and then it moves to well then what

1054
00:40:18,920 --> 00:40:15,869
do we do here what is that what is the

1055
00:40:20,960 --> 00:40:18,930
best use of our time here I don't know

1056
00:40:22,730 --> 00:40:20,970
the answer to that exactly yet but going

1057
00:40:24,890 --> 00:40:22,740
back to the research on on channeling

1058
00:40:26,510 --> 00:40:24,900
and what we get for many people who have

1059
00:40:28,520 --> 00:40:26,520
been to extended realms there seems to

1060
00:40:30,500 --> 00:40:28,530
be a theme around the evolution of

1061
00:40:32,000 --> 00:40:30,510
consciousness around evolving our own

1062
00:40:34,339 --> 00:40:32,010
consciousness which is significant

1063
00:40:37,819 --> 00:40:34,349

because we're connected and helping to

1064

00:40:40,670 --> 00:40:37,829

evolve the collective so that seems to

1065

00:40:42,200 --> 00:40:40,680

be achievable through being together in

1066

00:40:44,779 --> 00:40:42,210

physical forms and not necessarily

1067

00:40:46,789 --> 00:40:44,789

escaping the world that's kind of where

1068

00:40:48,950 --> 00:40:46,799

my head is now and it could change I

1069

00:40:51,109 --> 00:40:48,960

love that mark I beautifully said I

1070

00:40:53,900 --> 00:40:51,119

think and I really appreciate the way

1071

00:40:56,839 --> 00:40:53,910

that you're struggling with that and at

1072

00:40:59,240 --> 00:40:56,849

the same time trying to find a coherent

1073

00:41:00,710 --> 00:40:59,250

path because you don't have the

1074

00:41:02,569 --> 00:41:00,720

certainty no one could have the

1075

00:41:03,859 --> 00:41:02,579

certainty because I think one of the

1076

00:41:05,750 --> 00:41:03,869

fault one of the things that falls out

1077

00:41:07,279 --> 00:41:05,760

of this work of this understanding isn't

1078

00:41:08,900 --> 00:41:07,289

it we're on the wrong end of the

1079

00:41:12,079 --> 00:41:08,910

telescope to have any kind of certainty

1080

00:41:15,440 --> 00:41:12,089

or just we're just the small little part

1081

00:41:17,150 --> 00:41:15,450

of some larger smear of consciousness

1082

00:41:20,390 --> 00:41:17,160

again I love this that's a Gordon Mike

1083

00:41:22,099 --> 00:41:20,400

phone but you know we're this smear of

1084

00:41:23,930 --> 00:41:22,109

consciousness that's put into this

1085

00:41:25,880 --> 00:41:23,940

time-space dimension that we can

1086

00:41:27,559 --> 00:41:25,890

understand and comprehend but as soon as

1087

00:41:29,839 --> 00:41:27,569

we understand it's much larger than that

1088

00:41:31,430 --> 00:41:29,849

then we have to kind of throw up our

1089

00:41:33,829 --> 00:41:31,440

hands and say okay everything I have to

1090

00:41:35,269 --> 00:41:33,839

say is provisional and I want to circle

1091

00:41:37,970 --> 00:41:35,279

back to something else you said because

1092

00:41:40,819 --> 00:41:37,980

a little quote that I kind of use a lot

1093

00:41:42,769 --> 00:41:40,829

in and is meaningful to me is from Amma

1094

00:41:45,200 --> 00:41:42,779

the hugging Saint if people are familiar

1095

00:41:47,839 --> 00:41:45,210

with her this Indian woman who is

1096

00:41:49,970 --> 00:41:47,849

incredible and is one of these great

1097

00:41:54,799 --> 00:41:49,980

beings we have to believe who has

1098

00:41:58,039 --> 00:41:54,809

somehow ascended along this spiritual

1099

00:42:00,890 --> 00:41:58,049

consciousness path in a way that we look

1100

00:42:05,180 --> 00:42:00,900

at and say there's something there that

1101
00:42:06,890 --> 00:42:05,190
is to be studied and understood but the

1102
00:42:10,250 --> 00:42:06,900
quote of hers is

1103
00:42:12,860 --> 00:42:10,260
I'm as someone who works tirelessly 1820

1104
00:42:15,530 --> 00:42:12,870
hours a day helping the poor out there

1105
00:42:18,680 --> 00:42:15,540
in India with a shovel digging latrines

1106
00:42:20,390 --> 00:42:18,690
you know leading women's groups in you

1107
00:42:22,760 --> 00:42:20,400
know all these amazing ways and then

1108
00:42:24,350 --> 00:42:22,770
having these meetings where she's

1109
00:42:26,630 --> 00:42:24,360
constantly hugging people hugging people

1110
00:42:29,630 --> 00:42:26,640
18 hours a day and one of her devotees

1111
00:42:33,710 --> 00:42:29,640
goes up to Amin says ah you know you

1112
00:42:36,550 --> 00:42:33,720
work so hard for this world and yet you

1113
00:42:41,120 --> 00:42:36,560

tell us to look beyond this world and

1114

00:42:45,680 --> 00:42:41,130

she's reported to have said world what

1115

00:42:49,400 --> 00:42:45,690

world and you're chuckling cuz you get

1116

00:42:52,580 --> 00:42:49,410

it it's like if Alma can keep those two

1117

00:42:55,940 --> 00:42:52,590

complete contradictions going in her

1118

00:42:58,130 --> 00:42:55,950

head then maybe that's what we have to

1119

00:43:00,590 --> 00:42:58,140

do as well in order to make any sense of

1120

00:43:02,060 --> 00:43:00,600

this well we see kind of the opposite

1121

00:43:04,490 --> 00:43:02,070

end of the spectrum with someone like

1122

00:43:06,380 --> 00:43:04,500

Ramana Maharshi a famous enlightened

1123

00:43:09,020 --> 00:43:06,390

sage from India who said that the world

1124

00:43:10,190 --> 00:43:09,030

as we see it doesn't even exist and he

1125

00:43:11,720 --> 00:43:10,200

spent his life kind of in isolation

1126

00:43:13,340 --> 00:43:11,730

people would come see him and he was a

1127

00:43:15,320 --> 00:43:13,350

master but he wasn't as integrated into

1128

00:43:16,790 --> 00:43:15,330

the world so the question is how could

1129

00:43:19,400 --> 00:43:16,800

we have that mindset which I think he's

1130

00:43:21,950 --> 00:43:19,410

probably accurate just technically but

1131

00:43:23,630 --> 00:43:21,960

still be in the world and that's maybe

1132

00:43:25,400 --> 00:43:23,640

the human struggle is to try to balance

1133

00:43:28,400 --> 00:43:25,410

the two to be in the physical but also

1134

00:43:31,010 --> 00:43:28,410

have our our understanding beyond what

1135

00:43:33,290 --> 00:43:31,020

we can perceive with our senses we're

1136

00:43:35,120 --> 00:43:33,300

going back to the Bible of this world in

1137

00:43:37,730 --> 00:43:35,130

this world but not of it right that is

1138

00:43:42,170 --> 00:43:37,740

from the Bible isn't it I don't know I'm

1139

00:43:44,510 --> 00:43:42,180

not a good person okay there's one more

1140

00:43:47,720 --> 00:43:44,520

I think that we haven't covered and

1141

00:43:50,390 --> 00:43:47,730

that's silos so let's bring that up and

1142

00:43:52,910 --> 00:43:50,400

the question for me and this is kind of

1143

00:43:55,400 --> 00:43:52,920

a very very skeptical kind of question

1144

00:43:58,250 --> 00:43:55,410

and that is what are we responsible for

1145

00:44:00,250 --> 00:43:58,260

knowing I really really have enjoyed the

1146

00:44:04,400 --> 00:44:00,260

discussion we've had so far because

1147

00:44:08,500 --> 00:44:04,410

everywhere I push you're willing to go

1148

00:44:11,090 --> 00:44:08,510

there and I'm consistently surprised at

1149

00:44:14,270 --> 00:44:11,100

the people who are not willing to go

1150

00:44:17,390 --> 00:44:14,280

there even people on the edge supposedly

1151
00:44:20,370 --> 00:44:17,400
dr. Jeffrey Carroll is a genius and he's

1152
00:44:22,740 --> 00:44:20,380
fantastic and Jeff has a

1153
00:44:24,390 --> 00:44:22,750
blazed new ground and is really an

1154
00:44:26,670 --> 00:44:24,400
innovator but I always remember the

1155
00:44:28,920 --> 00:44:26,680
energy that I had with them and I think

1156
00:44:30,950 --> 00:44:28,930
the subject came up with non-human

1157
00:44:32,849 --> 00:44:30,960
intelligence which to me is like

1158
00:44:34,440 --> 00:44:32,859
fundamental you know you got a look at

1159
00:44:35,970 --> 00:44:34,450
non-human intelligence if you're gonna

1160
00:44:38,160 --> 00:44:35,980
look at consciousness because it keeps

1161
00:44:39,809 --> 00:44:38,170
popping up and you can't just bury these

1162
00:44:41,430 --> 00:44:39,819
anomalies and say well you know but

1163
00:44:44,450 --> 00:44:41,440

that's what he says he said hey look you

1164

00:44:46,650 --> 00:44:44,460

know as a responsible intellect

1165

00:44:48,720 --> 00:44:46,660

intellectual you know you don't talk

1166

00:44:50,220 --> 00:44:48,730

about things you know about and I always

1167

00:44:52,490 --> 00:44:50,230

see that as the other way around

1168

00:44:58,230 --> 00:44:52,500

hey you are responsible for knowing

1169

00:44:59,670 --> 00:44:58,240

everything that is in your domain and if

1170

00:45:01,799 --> 00:44:59,680

you're in the conscious to main you

1171

00:45:03,960 --> 00:45:01,809

better have an opinion about et you

1172

00:45:05,400 --> 00:45:03,970

better have an opinion about non-human

1173

00:45:08,279 --> 00:45:05,410

intelligence it's like the other day you

1174

00:45:10,950 --> 00:45:08,289

know this guy and he wrote this academic

1175

00:45:14,009 --> 00:45:10,960

fine guy wonderful guy but he's written

1176

00:45:16,470 --> 00:45:14,019

this big book on and he's a philosophy

1177

00:45:18,900 --> 00:45:16,480

professor in England big book on the

1178

00:45:21,299 --> 00:45:18,910

evolution of consciousness and my first

1179

00:45:22,670 --> 00:45:21,309

thing is you know I I do a search in

1180

00:45:25,890 --> 00:45:22,680

your book for a near-death experience

1181

00:45:29,670 --> 00:45:25,900

there's nothing there I do an a search

1182

00:45:34,440 --> 00:45:29,680

in your book for parapsychology there's

1183

00:45:36,450 --> 00:45:34,450

nothing there so this is just a rant but

1184

00:45:38,640 --> 00:45:36,460

let's pull you into this discussion I

1185

00:45:42,180 --> 00:45:38,650

feel like we have these silos of

1186

00:45:44,190 --> 00:45:42,190

knowledge still even in this kind of

1187

00:45:46,019 --> 00:45:44,200

little tribe that we've created who's

1188

00:45:48,420 --> 00:45:46,029

interested in consciousness and and

1189

00:45:50,490 --> 00:45:48,430

extended consciousness people aren't

1190

00:45:52,470 --> 00:45:50,500

willing to go there there if you bring

1191

00:45:54,749 --> 00:45:52,480

up conspiracy oh no don't go there

1192

00:45:55,980 --> 00:45:54,759

if you bring up non-human intelligence

1193

00:45:58,410 --> 00:45:55,990

oh don't go there if you bring up

1194

00:46:00,480 --> 00:45:58,420

channeling no don't go there I don't

1195

00:46:03,630 --> 00:46:00,490

know that I think that inhibits our

1196

00:46:04,680 --> 00:46:03,640

ability to get to that level 3 do you

1197

00:46:06,930 --> 00:46:04,690

have any thoughts on that

1198

00:46:08,009 --> 00:46:06,940

well I think the two of us are in a

1199

00:46:10,470 --> 00:46:08,019

unique position because we're not

1200

00:46:11,789 --> 00:46:10,480

academics so we might have just more

1201
00:46:14,039 --> 00:46:11,799
openness because we're not used to the

1202
00:46:15,930 --> 00:46:14,049
restrictions imposed in an academic

1203
00:46:17,309 --> 00:46:15,940
setting and there might be more risk for

1204
00:46:19,559 --> 00:46:17,319
an academic or someone who's been in

1205
00:46:21,480 --> 00:46:19,569
that setting to go outside of what their

1206
00:46:23,190 --> 00:46:21,490
their little silo my personal

1207
00:46:24,990 --> 00:46:23,200
perspective seems to be similar to yours

1208
00:46:26,910 --> 00:46:25,000
which is I will go everywhere because if

1209
00:46:28,620 --> 00:46:26,920
it's occurring I want to understand why

1210
00:46:31,349 --> 00:46:28,630
it's occurring whether it's real or not

1211
00:46:33,299 --> 00:46:31,359
why if someone's talking about something

1212
00:46:33,989 --> 00:46:33,309
consistently what's the reason for that

1213
00:46:35,609 --> 00:46:33,999

is it Italy

1214

00:46:37,259 --> 00:46:35,619

or is it not is there some truth to it

1215

00:46:39,209 --> 00:46:37,269

so I'm always willing to explore

1216

00:46:40,919 --> 00:46:39,219

everything and I think it's part of my

1217

00:46:42,659 --> 00:46:40,929

just deep quest to understand reality

1218

00:46:44,339 --> 00:46:42,669

like we talked about at the beginning

1219

00:46:46,019 --> 00:46:44,349

because the more we can align with

1220

00:46:47,579 --> 00:46:46,029

reality I think the more the probably

1221

00:46:50,429 --> 00:46:47,589

the better off we are and I'm just a

1222

00:46:53,639 --> 00:46:50,439

curious person so my perspective is one

1223

00:46:55,289 --> 00:46:53,649

at least for me is to go everywhere but

1224

00:46:57,179 --> 00:46:55,299

to be discerning I think that's really

1225

00:46:58,709 --> 00:46:57,189

important not just to take everything in

1226

00:47:01,109 --> 00:46:58,719

as fact and that's why I mentioned that

1227

00:47:03,629 --> 00:47:01,119

point earlier and also to acknowledge

1228

00:47:05,399 --> 00:47:03,639

what we don't know so for example with

1229

00:47:07,319 --> 00:47:05,409

regard to conspiracies it's something

1230

00:47:08,699 --> 00:47:07,329

that I've seen pop up I haven't

1231

00:47:10,559 --> 00:47:08,709

researched the details behind the

1232

00:47:12,389 --> 00:47:10,569

mechanics of it I'm open to that

1233

00:47:13,589 --> 00:47:12,399

possibility but I really can't speak to

1234

00:47:16,109 --> 00:47:13,599

the details because I haven't researched

1235

00:47:17,999 --> 00:47:16,119

it so I think it's it's just being clear

1236

00:47:20,429 --> 00:47:18,009

on where our limitations are Marc you're

1237

00:47:22,169 --> 00:47:20,439

awesome at this game I don't know but

1238

00:47:24,689 --> 00:47:22,179

you would be the all-time champ right

1239

00:47:28,379 --> 00:47:24,699

now Alex Trebek would have you up in

1240

00:47:30,959 --> 00:47:28,389

Hall of Fame so you you've successfully

1241

00:47:33,779 --> 00:47:30,969

run the gauntlet of sceptical jeopardy

1242

00:47:36,509 --> 00:47:33,789

let's talk about what else is going on

1243

00:47:38,729 --> 00:47:36,519

this book where you're going with that

1244

00:47:40,709 --> 00:47:38,739

what else is happening with that and

1245

00:47:43,949 --> 00:47:40,719

then you've already told us about this

1246

00:47:45,899 --> 00:47:43,959

exciting new podcast what else is going

1247

00:47:48,929 --> 00:47:45,909

on for Marc Ober where do you go with

1248

00:47:49,349 --> 00:47:48,939

this stuff well I asked myself that

1249

00:47:51,149 --> 00:47:49,359

every day

1250

00:47:52,469 --> 00:47:51,159

I still I don't exactly know where it's

1251
00:47:54,449 --> 00:47:52,479
gonna go that's how the journey journey

1252
00:47:56,849 --> 00:47:54,459
started for me it was all just out of

1253
00:47:58,979 --> 00:47:56,859
curiosity and passion so I try to follow

1254
00:48:00,389 --> 00:47:58,989
the passion where it leads at the moment

1255
00:48:01,919 --> 00:48:00,399
I'm in the final editing stages of the

1256
00:48:03,359 --> 00:48:01,929
podcast and that's kind of consuming a

1257
00:48:04,859 --> 00:48:03,369
lot of what I'm doing but I'm always

1258
00:48:06,719 --> 00:48:04,869
researching I'm still listening to

1259
00:48:08,819 --> 00:48:06,729
podcasts and reading books and very

1260
00:48:10,979 --> 00:48:08,829
interested in these extended realms the

1261
00:48:12,839 --> 00:48:10,989
experiences reported by people who have

1262
00:48:14,969 --> 00:48:12,849
reached elevated elevated states of

1263
00:48:17,459 --> 00:48:14,979

consciousness the messages coming in

1264

00:48:19,349 --> 00:48:17,469

through channeling forms of beings that

1265

00:48:21,719 --> 00:48:19,359

are coming through and have been

1266

00:48:24,359 --> 00:48:21,729

reported as more people have an

1267

00:48:26,849 --> 00:48:24,369

interaction or a channeled so I'm

1268

00:48:28,439 --> 00:48:26,859

interested in many topics I also

1269

00:48:30,359 --> 00:48:28,449

recently joined the board of the

1270

00:48:31,079 --> 00:48:30,369

Institute of noetic Sciences I love the

1271

00:48:32,609 --> 00:48:31,089

work that they're doing

1272

00:48:34,499 --> 00:48:32,619

you mentioned Dean Radin he's a chief

1273

00:48:35,999 --> 00:48:34,509

scientist there but they're one of the

1274

00:48:38,369 --> 00:48:36,009

few places in the world that it has a

1275

00:48:40,289 --> 00:48:38,379

concerted effort towards studying topics

1276

00:48:41,909 --> 00:48:40,299

like this so I give them a ton of credit

1277

00:48:43,619 --> 00:48:41,919

and also the University of Virginia

1278

00:48:44,759 --> 00:48:43,629

their division of perceptual studies

1279

00:48:45,829 --> 00:48:44,769

give them a try to credit because

1280

00:48:47,490 --> 00:48:45,839

they're in an academic institution

1281

00:48:49,830 --> 00:48:47,500

studying these topics

1282

00:48:51,420 --> 00:48:49,840

but I think my work at ions that's gonna

1283

00:48:52,500 --> 00:48:51,430

keep me pretty busy because I love what

1284

00:48:53,359 --> 00:48:52,510

they're doing and I want to help in any

1285

00:48:55,980 --> 00:48:53,369

way I can

1286

00:48:59,460 --> 00:48:55,990

awesome mark are you into the

1287

00:49:01,620 --> 00:48:59,470

consciousness hack thing do you try and

1288

00:49:03,240 --> 00:49:01,630

hack your consciousness I heard you

1289

00:49:05,520 --> 00:49:03,250

mentioned that you don't have a

1290

00:49:08,099 --> 00:49:05,530

quote/unquote spiritual practice

1291

00:49:10,140 --> 00:49:08,109

I got a probe that a little bit what

1292

00:49:13,080 --> 00:49:10,150

does that mean to you or what is not

1293

00:49:15,839 --> 00:49:13,090

having that mean to you and any any

1294

00:49:19,140 --> 00:49:15,849

consciousness hacks either technology

1295

00:49:21,330 --> 00:49:19,150

consciousness hacks or I do ice baths on

1296

00:49:25,109 --> 00:49:21,340

a regular basis to remind me that I am

1297

00:49:27,960 --> 00:49:25,119

NOT my body I do all sorts of hacks yogi

1298

00:49:29,730 --> 00:49:27,970

hacks how about you I've tried a lot of

1299

00:49:32,880 --> 00:49:29,740

different things meditation techniques

1300

00:49:34,950 --> 00:49:32,890

binaural beats floatation tanks I think

1301
00:49:36,300 --> 00:49:34,960
I highly recommend that your listeners

1302
00:49:38,609 --> 00:49:36,310
have floatation tanks near you their

1303
00:49:39,930 --> 00:49:38,619
sensory deprivation so I think it's for

1304
00:49:41,490 --> 00:49:39,940
me at least I like turning off the

1305
00:49:42,900 --> 00:49:41,500
lights and having no music and you're

1306
00:49:44,820 --> 00:49:42,910
basically just floating so it's an

1307
00:49:46,530 --> 00:49:44,830
antigravity environment you're not

1308
00:49:48,780 --> 00:49:46,540
taking in sensory input so it's a way

1309
00:49:50,820 --> 00:49:48,790
for you to calm your mind I think pretty

1310
00:49:52,980 --> 00:49:50,830
easily even if you're thinking you're

1311
00:49:54,900 --> 00:49:52,990
still not taking in sensory input so I

1312
00:49:56,820 --> 00:49:54,910
found that it's a really good way to get

1313
00:49:58,079 --> 00:49:56,830

creative insights before going into the

1314

00:49:59,270 --> 00:49:58,089

tank I might have a question and that'll

1315

00:50:02,640 --> 00:49:59,280

come out a tank with more clarity

1316

00:50:03,990 --> 00:50:02,650

sometimes memories pop in so it's kind

1317

00:50:07,050 --> 00:50:04,000

of some people say it's meditation on

1318

00:50:09,750 --> 00:50:07,060

steroids where are you on the spirit

1319

00:50:12,810 --> 00:50:09,760

guide kind of thing or do you have any

1320

00:50:15,560 --> 00:50:12,820

personal experiences with direct contact

1321

00:50:18,390 --> 00:50:15,570

with spirit entities that are somehow

1322

00:50:20,370 --> 00:50:18,400

influencing human anyway great question

1323

00:50:22,650 --> 00:50:20,380

today I know many people who have direct

1324

00:50:25,290 --> 00:50:22,660

experiences I haven't had a visual

1325

00:50:26,820 --> 00:50:25,300

encounter or anything like that so I

1326

00:50:29,220 --> 00:50:26,830

haven't I haven't had a direct

1327

00:50:31,650 --> 00:50:29,230

experience like that at all because the

1328

00:50:34,740 --> 00:50:31,660

reason I punished is because I'm very

1329

00:50:37,620 --> 00:50:34,750

dense I guess you would say I haven't

1330

00:50:40,680 --> 00:50:37,630

had any you know firework kind of

1331

00:50:43,200 --> 00:50:40,690

experiences even though I've done yoga

1332

00:50:45,990 --> 00:50:43,210

for 35 years and meditate and do all

1333

00:50:51,000 --> 00:50:46,000

that stuff but when I look back I've had

1334

00:50:52,920 --> 00:50:51,010

a ton of smaller experiences and some a

1335

00:50:56,160 --> 00:50:52,930

little bit more than smaller experiences

1336

00:50:58,920 --> 00:50:56,170

that kind of nudged me further along the

1337

00:51:01,450 --> 00:50:58,930

path so not enough where I could go out

1338

00:51:02,890 --> 00:51:01,460

there and you know proclaim

1339

00:51:05,700 --> 00:51:02,900

I'm channeling your who thing like that

1340

00:51:08,140 --> 00:51:05,710

but I guess I'm pushing because I think

1341

00:51:10,870 --> 00:51:08,150

anyone who takes the path I think very

1342

00:51:12,790 --> 00:51:10,880

quickly has something that is a little

1343

00:51:15,010 --> 00:51:12,800

bit non-ordinary do you have any

1344

00:51:17,349 --> 00:51:15,020

thoughts I think my life over the last

1345

00:51:18,549 --> 00:51:17,359

three years is pretty not ordinary I can

1346

00:51:20,500 --> 00:51:18,559

just look at what's happened and I can't

1347

00:51:22,630 --> 00:51:20,510

really explain it how that will happen

1348

00:51:24,309 --> 00:51:22,640

so quickly it's it's pretty mind-blowing

1349

00:51:27,280 --> 00:51:24,319

to look at the details of it but I

1350

00:51:28,900 --> 00:51:27,290

haven't had like the encounter with an

1351
00:51:31,480 --> 00:51:28,910
interdimensional being that some people

1352
00:51:33,220 --> 00:51:31,490
will report where it's a visual auditory

1353
00:51:35,200 --> 00:51:33,230
experience I haven't had anything like

1354
00:51:36,730 --> 00:51:35,210
that but maybe we have to wonder the

1355
00:51:38,290 --> 00:51:36,740
subtle nudges that we get we have an

1356
00:51:39,400 --> 00:51:38,300
idea to do something or were all of a

1357
00:51:40,900 --> 00:51:39,410
sudden I said maybe I should write a

1358
00:51:42,730 --> 00:51:40,910
book when I never had planned on

1359
00:51:45,040 --> 00:51:42,740
something like that I wrote the book

1360
00:51:48,370 --> 00:51:45,050
very quickly I don't I love the way you

1361
00:51:51,640 --> 00:51:48,380
put that man which is like hey isn't

1362
00:51:53,589 --> 00:51:51,650
this non-ordinary enough and I think

1363
00:51:56,440 --> 00:51:53,599

you're right that's a that's I'm a world

1364

00:52:00,040 --> 00:51:56,450

what world it's like look at my life you

1365

00:52:01,870 --> 00:52:00,050

know read into it what you will mark

1366

00:52:04,120 --> 00:52:01,880

it's just been awesome awesome awesome

1367

00:52:06,460 --> 00:52:04,130

getting to know you and getting to know

1368

00:52:09,010 --> 00:52:06,470

you in this little way that is so cool

1369

00:52:10,690 --> 00:52:09,020

that I can call up somebody who I so

1370

00:52:13,690 --> 00:52:10,700

admire their work and have this kind of

1371

00:52:15,940 --> 00:52:13,700

dialogue best of luck in the future tell

1372

00:52:18,640 --> 00:52:15,950

us anything else where we tell us where

1373

00:52:21,430 --> 00:52:18,650

people should go to stay in touch with

1374

00:52:23,710 --> 00:52:21,440

you or to reach out to you or follow up

1375

00:52:26,079 --> 00:52:23,720

on what you're doing my website which is

1376

00:52:27,760 --> 00:52:26,089

just my name mark Gobert comm has more

1377

00:52:29,799 --> 00:52:27,770

information on me and my book my podcast

1378

00:52:31,720 --> 00:52:29,809

the end the name of the podcast is where

1379

00:52:33,099 --> 00:52:31,730

is my mind and I think hopefully that

1380

00:52:34,299 --> 00:52:33,109

will open the minds of many people who

1381

00:52:36,010 --> 00:52:34,309

are not as familiar with these topics

1382

00:52:38,470 --> 00:52:36,020

and for those who are familiar with it

1383

00:52:40,539 --> 00:52:38,480

it's a new way to hear a lot of voices

1384

00:52:42,130 --> 00:52:40,549

you've heard before so I'm excited about

1385

00:52:43,299 --> 00:52:42,140

those projects and Alex I want to thank

1386

00:52:45,670 --> 00:52:43,309

you for all the work that you do

1387

00:52:48,309 --> 00:52:45,680

you're cited in my book both skeptic oh

1388

00:52:51,640 --> 00:52:48,319

and your book your work has been

1389

00:52:54,819 --> 00:52:51,650

influential in my journey so you you

1390

00:52:56,530 --> 00:52:54,829

really I mean that's the age of content

1391

00:52:57,970 --> 00:52:56,540

today it's it's so easy for people to

1392

00:52:59,710 --> 00:52:57,980

learn information and you never know

1393

00:53:00,970 --> 00:52:59,720

who's going to hear an interview so I

1394

00:53:03,339 --> 00:53:00,980

want to just commend you and what you're

1395

00:53:05,650 --> 00:53:03,349

doing oh thanks mark that's very nice

1396

00:53:08,200 --> 00:53:05,660

you too say well tell you what we'll

1397

00:53:10,180 --> 00:53:08,210

we'll have to reconnect and I'm

1398

00:53:12,780 --> 00:53:10,190

definitely looking forward to listening

1399

00:53:14,670 --> 00:53:12,790

to this podcast and we'll

1400

00:53:17,820 --> 00:53:14,680

we'll have to update people on how that

1401
00:53:20,280 --> 00:53:17,830
goes so very good thanks again for

1402
00:53:22,410 --> 00:53:20,290
joining me mark and take care I was fine

1403
00:53:24,360 --> 00:53:22,420
enjoyed it thank you so thanks for

1404
00:53:26,790 --> 00:53:24,370
watching this video if it wasn't really

1405
00:53:28,530 --> 00:53:26,800
a video but just an audio stored as a

1406
00:53:30,630 --> 00:53:28,540
video I apologize but there's more

1407
00:53:32,580 --> 00:53:30,640
videos out there as well but please

1408
00:53:34,230 --> 00:53:32,590
check out the skeptical website you can

1409
00:53:35,690 --> 00:53:34,240
see it here we cover a lot of different

1410
00:53:38,700 --> 00:53:35,700
stuff you might be interested in

1411
00:53:41,520 --> 00:53:38,710
relating to controversial science and

1412
00:53:44,730 --> 00:53:41,530
spirituality a lot of shows up there

1413
00:53:47,550 --> 00:53:44,740

over 350 of them are so all free all

1414

00:53:48,970 --> 00:53:47,560

available for download so do check it